



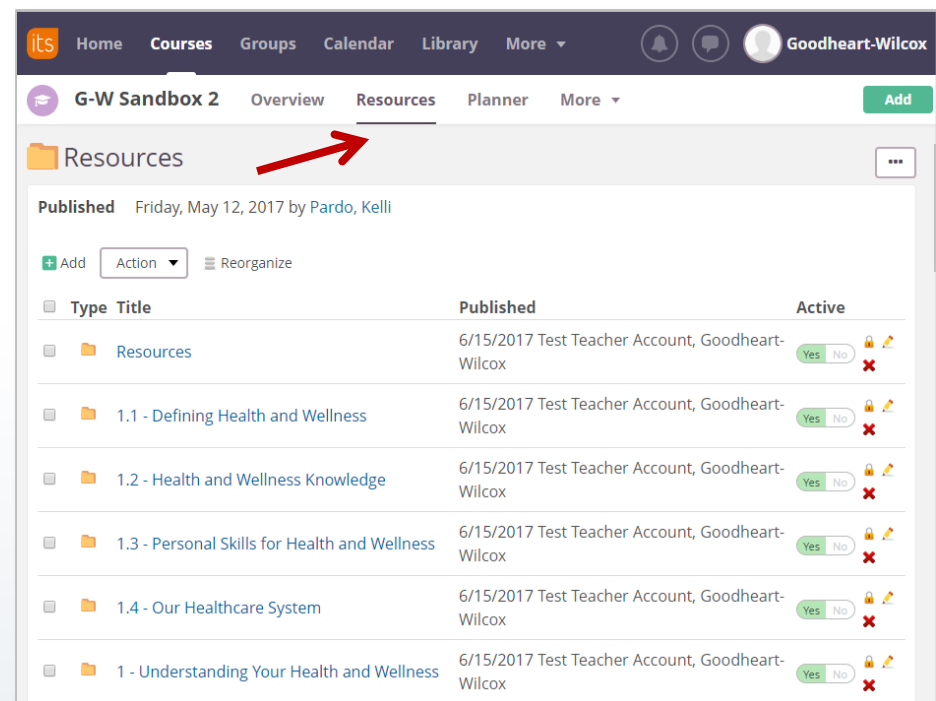
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Its Learning Integration

- Course content, includes:
 - Online Textbook
 - Online Workbook
 - Online Instructor's Resources
 - Online Teacher's Edition
 - Companion Website links
- Downloadable assessments include:
 - Exam questions (same as in ExamView Assessment Suite)

Course Content

- Content imports to *Resources* area
- Content is organized by chapter/lessons



Activation

Activation

- Simple subscription activation for both instructor and student




Resources



Up one level
Add
Action
Reorganize
Select the elements to allow

<input type="checkbox"/>	Type	Title	Published
<input type="checkbox"/>		INSTRUCTOR - Activate Your Subscription	6/15/2017 Test Teacher Account, Goodheart-Wilcox
<input type="checkbox"/>		Activate Your Subscription	6/15/2017 Test Teacher Account, Goodheart-Wilcox


Instructor Activation


Resources

 Up one level  Add Action ▼  Reorganize

<input type="checkbox"/>	Type	Title
<input type="checkbox"/>		INSTRUCTOR - Activate Your Subscription
<input type="checkbox"/>		Activate Your Subscription

Instructor clicks this link to activate their subscription.

 **G-W Online Textbooks**
Provided by Goodheart-Willcox






Thank you for activating your subscription.



Please return to your course and refresh your browser to access the content.

Confirmation that subscription was successfully activated.


Student Activation


Resources

 Up one level  Add Action ▼  Reorganize

<input type="checkbox"/>	Type	Title
<input type="checkbox"/>		INSTRUCTOR - Activate Your Subscription
<input type="checkbox"/>		Activate Your Subscription

Student clicks this link to activate their subscription.

 **G-W Online Textbooks**
Provided by Goodheart-Willcox



Thank you for activating your subscription.

Please return to your course and refresh your browser to access the content.

Confirmation that subscription was successfully activated.

Materials

Materials

- Content is organized by chapters/lessons in the Resources section of Its Learning

Resources

Published

Friday, May 12, 2017 by Pardo, Kelli

+ Add

Action

Reorganize

Type	Title	Published	Active
Resources		6/15/2017 Test Teacher Account, Goodheart-Wilcox	Yes No
1.1 - Defining Health and Wellness		6/15/2017 Test Teacher Account, Goodheart-Wilcox	Yes No
1.2 - Health and Wellness Knowledge		6/15/2017 Test Teacher Account, Goodheart-Wilcox	Yes No
1.3 - Personal Skills for Health and Wellness		6/15/2017 Test Teacher Account, Goodheart-Wilcox	Yes No
1.4 - Our Healthcare System		6/15/2017 Test Teacher Account, Goodheart-Wilcox	Yes No
1 - Understanding Your Health and Wellness		6/15/2017 Test Teacher Account, Goodheart-Wilcox	Yes No

Materials

- Anatomy of a Chapter (varies per title)
 - 1.1 = Chapter 1 Lesson 1 (red box)
 - 1 = Chapter 1 Overview/End of Chapter Materials (blue box)



























Materials

- Options for customizing resources/content include:
 - Adjusting content visibility by setting as active/not active
 - Moving content to a different location in the course
 - Adding/removing content

Materials

- Adjusting content visibility by setting as active/not active

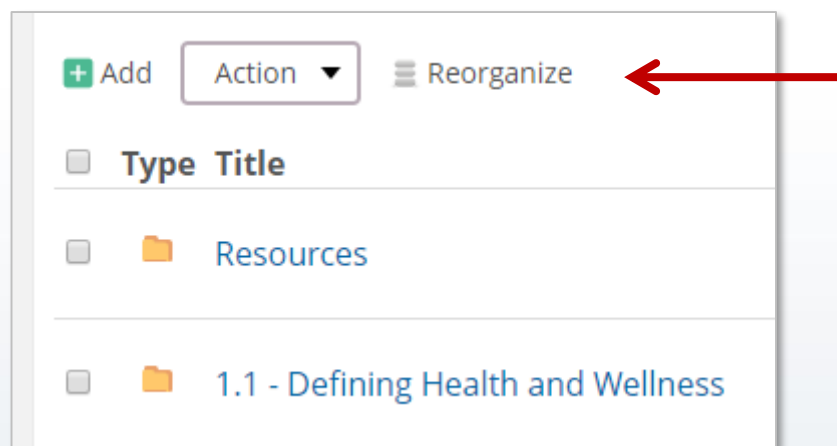
<input type="checkbox"/>	Type	Title	Published	Active	
<input type="checkbox"/>		INSTRUCTOR - Activate Your Subscription	6/15/2017 Test Teacher Account, Goodheart-Wilcox	<input checked="" type="radio"/> Yes <input type="radio"/> No	  
<input type="checkbox"/>		Activate Your Subscription	6/15/2017 Test Teacher Account, Goodheart-Wilcox	<input checked="" type="radio"/> Yes <input type="radio"/> No	  
<input type="checkbox"/>		Online Instructor Resources	6/16/2017 Test Teacher Account, Goodheart-Wilcox	<input type="radio"/> Yes <input type="radio"/> No	  
<input type="checkbox"/>		Online Instructor's Edition	6/16/2017 Test Teacher Account, Goodheart-Wilcox	<input type="radio"/> Yes <input type="radio"/> No	  
<input type="checkbox"/>		Audio Glossary	6/15/2017 Test Teacher Account, Goodheart-Wilcox	<input checked="" type="radio"/> Yes <input type="radio"/> No	  
<input type="checkbox"/>		English/Spanish Glossary	6/15/2017 Test Teacher Account, Goodheart-Wilcox	<input checked="" type="radio"/> Yes <input type="radio"/> No	  

« 1 » 1 to 6 of 6 View 100 ▾

Select the Yes or No to determine whether or not content is Active

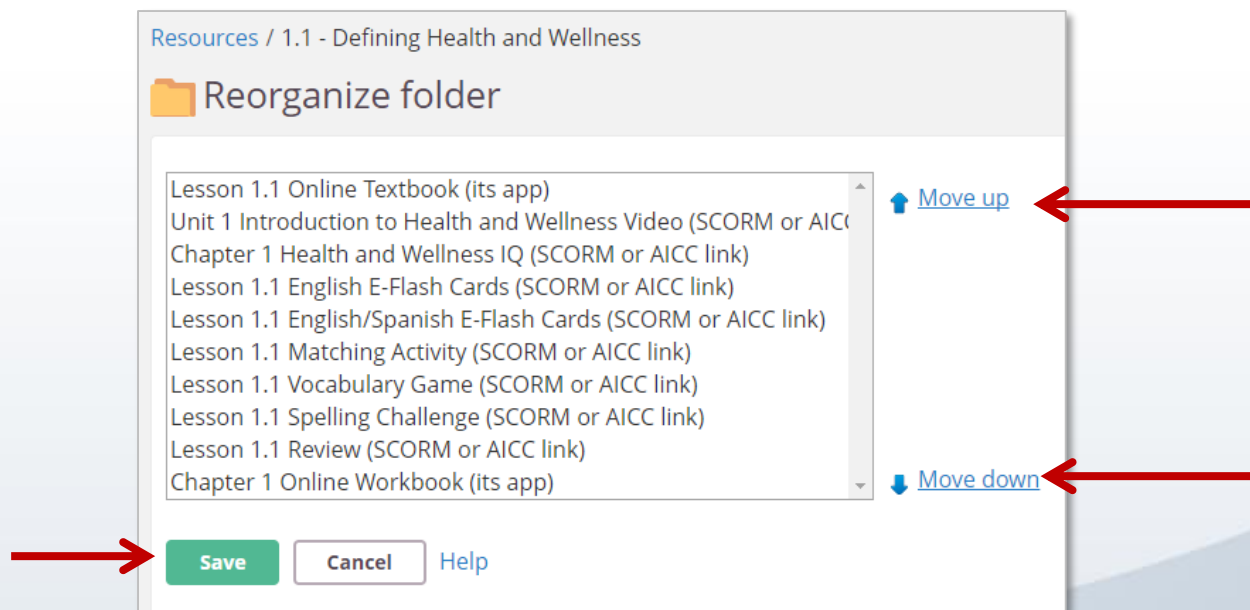
Materials

- Move content to a different location in the course
 - Select *Reorganize*



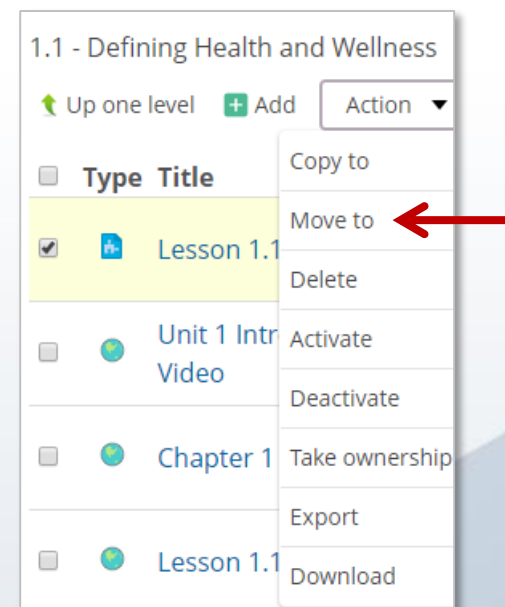
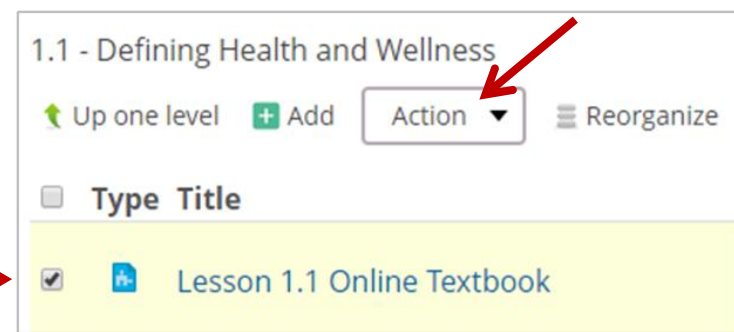
Materials

- Move content to a different location in the course
 - Select content item to move and either select *Move up* or *Move down*. Then select *Save*.



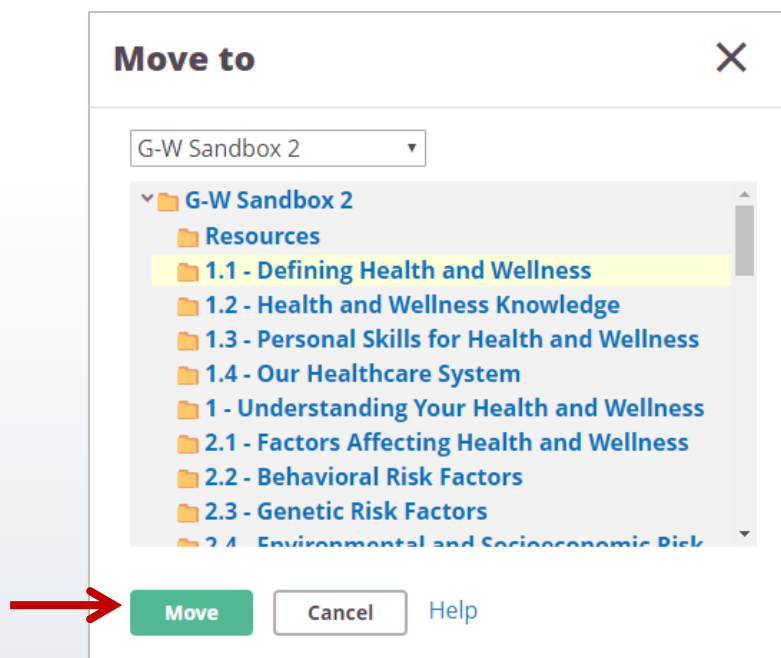
Materials

- Move content to a different location in the course
 - Select content item checkbox
 - Select *Action* drop down menu
 - Select *Move to*



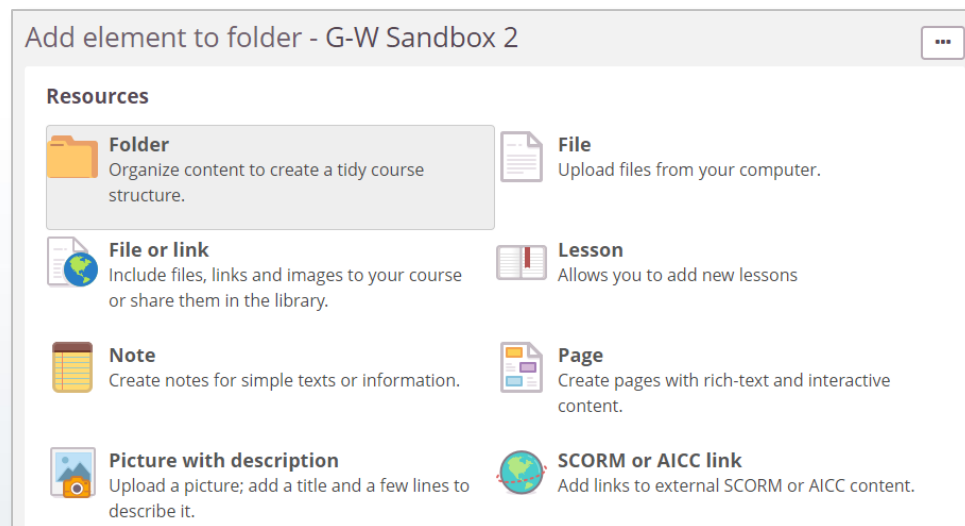
Materials

- Move content to a different location in the course
 - Choose the new location for the content and select *Move*



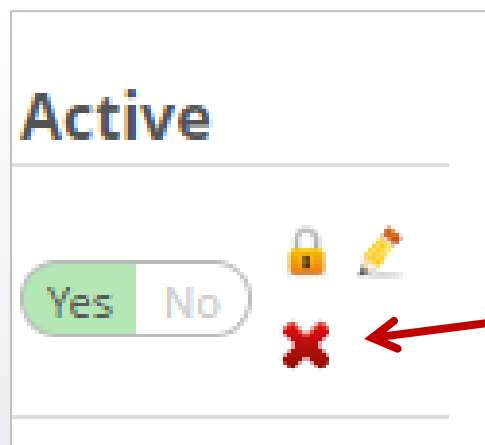
Materials

- *Add* content to the course
 - Types of content that can be added include:
 - Folder
 - Assignment
 - Test/Quiz/Survey
 - File/Link/External Tool
 - Discussion
 - Page
 - Media Album
 - Task



Materials

- Delete content from the course
 - Be careful deleting content! We highly recommend deactivating content instead of deleting.

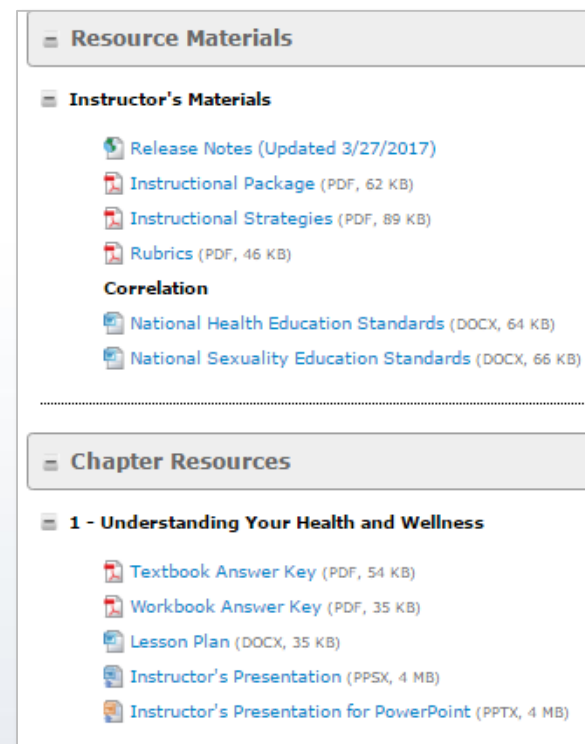


Select X
to delete

Instructor Materials

Instructor Resources

- Online Instructor's Resources
 - Lesson Plans
 - Answer Keys
 - Presentations for PowerPoint®
 - And more!




Resource Materials

- Instructor's Materials**
 - [Release Notes \(Updated 3/27/2017\)](#)
 - [Instructional Package \(PDF, 62 KB\)](#)
 - [Instructional Strategies \(PDF, 89 KB\)](#)
 - [Rubrics \(PDF, 46 KB\)](#)
 - Correlation**
 - [National Health Education Standards \(DOCX, 64 KB\)](#)
 - [National Sexuality Education Standards \(DOCX, 66 KB\)](#)

Chapter Resources

- 1 - Understanding Your Health and Wellness**
 - [Textbook Answer Key \(PDF, 54 KB\)](#)
 - [Workbook Answer Key \(PDF, 35 KB\)](#)
 - [Lesson Plan \(DOCX, 35 KB\)](#)
 - [Instructor's Presentation \(PPSX, 4 MB\)](#)
 - [Instructor's Presentation for PowerPoint \(PPTX, 4 MB\)](#)


Instructor Materials



Instructor Resources

Provided by Goodheart-Willcox Co., Inc.

[Home](#)
[My Bookshelf](#)
[Textbooks](#)
[Tour](#)
[Support](#)



Comprehensive HEALTH

Instructor Resources

By: Catherine Sanderson, Mark Zelman, Melanie Lynch, and Melissa Munsell
Copyright: 2018

Resources
[Companion Website](#)

Comprehensive Health, Instructor Resources

This **Comprehensive Health Instructor Resources** contains an assortment of instructor materials. Resource materials include an introduction and overview of the teaching material, best practices and classroom strategies, assessment rubrics, and correlations to national standards. Chapter resource content includes Textbook Answer Keys, Workbook Answer Keys, Lesson Plans, and Presentations for PowerPoint®. Assessment Software & Question Pools includes the ExamView® Assessment Suite v9.1 Software and Question Bank Files. Files are provided in various formats (PDF, DOCX, PPSX, PPTX, and ZIP). These types of files will require compatible programs. Right-click a link to view additional options: open the file in a new tab or save file to a new location. By using this product, you agree to the end-user [license agreement](#).

Resource Materials

Instructor's Materials

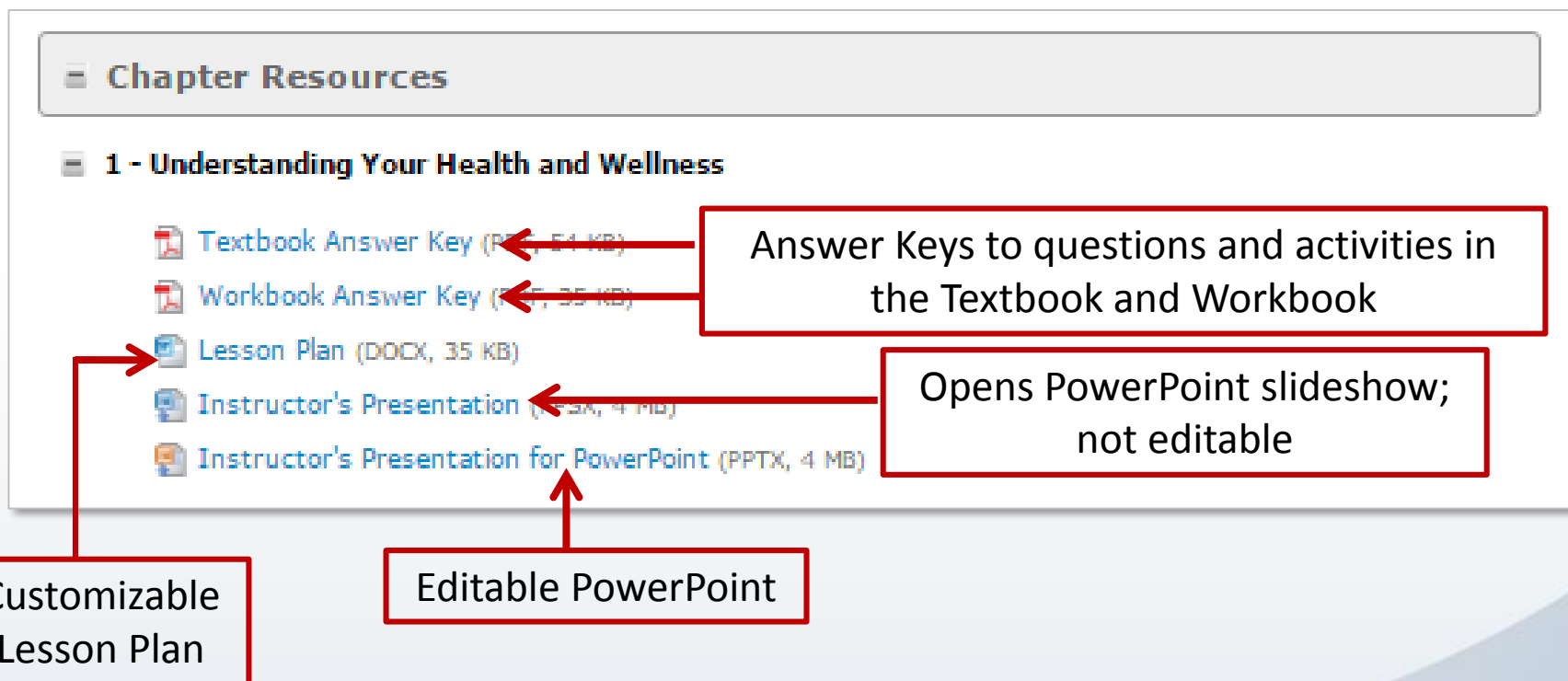
- Release Notes (Updated 3/27/2017)
- Instructional Package (PDF, 62 KB)
- Instructional Strategies (PDF, 89 KB)
- Rubrics (PDF, 46 KB)
- Correlation
 - National Health Education Standards (DOCX, 64 KB)
 - National Sexuality Education Standards (DOCX, 66 KB)

Information and strategies for using Comprehensive Health in your course

Correlations to national standards

Sample rubrics for various situations/ assignments

Instructor Materials



The screenshot displays a web interface for 'Chapter Resources'. Under the heading '1 - Understanding Your Health and Wellness', there is a list of five downloadable files. Red arrows point from each file to a descriptive text box. The files and their descriptions are:

- Textbook Answer Key (PDF, 54 KB)**: Answer Keys to questions and activities in the Textbook and Workbook
- Workbook Answer Key (PDF, 35 KB)**: Answer Keys to questions and activities in the Textbook and Workbook
- Lesson Plan (DOCX, 35 KB)**: Customizable Lesson Plan
- Instructor's Presentation (PPTX, 4 MB)**: Editable PowerPoint
- Instructor's Presentation for PowerPoint (PPTX, 4 MB)**: Opens PowerPoint slideshow; not editable

Online Instructor's Edition



Online Instructor's Edition



Table of Contents

Welcome to Comprehensive Health	M1
Instructor's Edition Front Matter	IE1
Front Matter	i
Unit 1 Introduction to Health and Wellness	2
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Online Instructor's Edition

Comprehensive Health, 2nd Edition, Instructor's Edition Page 5

+

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☰

🖨

🔍

What's Your Health and Wellness IQ?

Take this quiz to see what you do and do not know about health and wellness. If you cannot answer a question, pay extra attention to that topic as you study this chapter.

Health and Wellness IQ

1. Diseases and disorders are the same.	True	False	It Depends
2. Good friendships and family relationships make you healthy.	True	False	It Depends
3. Mental illness can affect your social health.	True	False	It Depends
4. Goals are not an important part of your health.	True	False	It Depends
5. You don't have to be sick to be unhealthy.	True	False	It Depends
6. You can change behaviors that make you unhealthy.	True	False	It Depends
7. You don't need annual check-ups with your doctor.	True	False	It Depends
8. A person's workplace can affect his or her well-being.	True	False	It Depends
9. You cannot find reliable health information on the Internet.	True	False	It Depends
10. Intellectually healthy people do not care about school.	True	False	It Depends

- Identify each statement as True, False, or It Depends. Choose It Depends if a statement is true in some cases, but false in others.
- Revise each False statement to make it true.
- Explain the circumstances in which each It Depends statement is true and when it is false.

Setting the Scene

When you were a young child, you didn't choose what you ate—your parents and guardians did. When you exercised, it wasn't because you thought it was good for you, but because it was fun. Still, you had limited choices in the matter—the adults in your life took you to parks and introduced you to jump ropes, scooters, and bikes. They also worked hard to keep you safe and injury free.

Now that you're an adolescent you make many of your own choices, including choices that affect your health. For example, if your school cafeteria offers pizza and a salad bar, you make the choice between the two. You also decide whether or not you will be physically active, or sit in front of a TV or computer screen much of the day. And you decide whether or not to take risks, such as riding in a car driven by an intoxicated friend, or lighting a first cigarette and taking a puff.

Many of the choices you make today will impact your health and quality of life in either a positive or negative way. Why

◀ Previous

Next ▶

Online Textbook

Online Textbook

- Provides Lesson and Chapter links to Online Textbook



Lesson 1.1 Online Textbook



Lesson 1.2 Online Textbook



Online Textbook Features

Comprehensive Health, 2nd Edition Page 4

Chapter 1
Understanding Your Health and Wellness

Lesson 1.1
Defining Health and Wellness

Lesson 1.2
Health and Wellness Knowledge

Lesson 1.3
Personal Skills for Health and Wellness

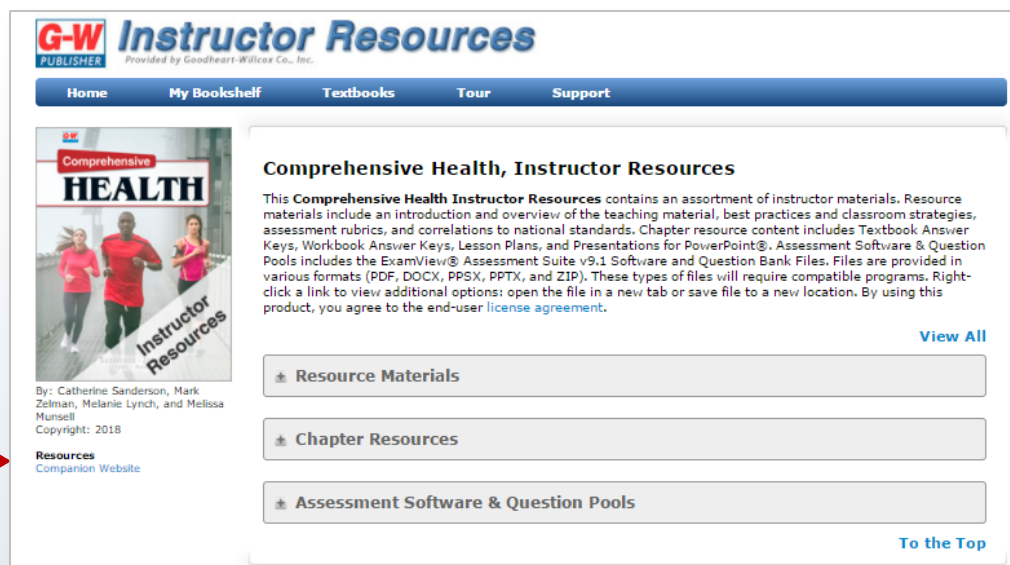
Lesson 1.4

Labels and Features:

- Zoom In**: Arrow pointing to the '+' button.
- Zoom Out**: Arrow pointing to the '-' button.
- Table of Contents**: Arrow pointing to the list icon.
- Resources**: Arrow pointing to the magnifying glass icon.
- Print this Page**: Arrow pointing to the printer icon.
- Previous Page**: Arrow pointing to the left arrow button.
- Next Page**: Arrow pointing to the right arrow button.
- Keyword Search**: Arrow pointing to the search bar.
- Jump to Page**: Arrow pointing to the 'page...' input field.

Companion Website

- Companion Website menu can be accessed from Instructor Resources and Online Textbooks Resources menu



G-W *Instructor Resources*
Provided by Goodheart-Willcox Co., Inc.

Home My Bookshelf Textbooks Tour Support

Comprehensive HEALTH
Instructor Resources

By: Catherine Sanderson, Mark Zelman, Melanie Lynch, and Melissa Munsell
Copyright: 2018

Resources
Companion Website

Comprehensive Health, Instructor Resources

This **Comprehensive Health Instructor Resources** contains an assortment of instructor materials. Resource materials include an introduction and overview of the teaching material, best practices and classroom strategies, assessment rubrics, and correlations to national standards. Chapter resource content includes Textbook Answer Keys, Workbook Answer Keys, Lesson Plans, and Presentations for PowerPoint®. Assessment Software & Question Pools includes the ExamView® Assessment Suite v9.1 Software and Question Bank Files. Files are provided in various formats (PDF, DOCX, PPSX, PPTX, and ZIP). These types of files will require compatible programs. Right-click a link to view additional options: open the file in a new tab or save file to a new location. By using this product, you agree to the end-user [license agreement](#).

[View All](#)

✦ Resource Materials








✦ Chapter Resources

✦ Assessment Software & Question Pools

[To the Top](#)

Companion Website

- Individual Companion Website activities can be accessed directly in the course

	Unit 1 Introduction to Health and Wellness Video
	Chapter 1 Health and Wellness IQ
	Lesson 1.1 English E-Flash Cards
	Lesson 1.1 English/Spanish E-Flash Cards
	Lesson 1.1 Matching Activity
	Lesson 1.1 Vocabulary Game
	Lesson 1.1 Spelling Challenge

Companion Website

Comprehensive Health

G-W Learning | Help

[Collapse All](#)

- Audio Glossary**
- English/Spanish Glossary**
- [Videos and Animations](#) ▶
- Unit 1 - Introduction to Health and Wellness (Video)**
- 1 - Understanding Your Health and Wellness** ▼
 - Health and Wellness IQ
 - 1.1 - Defining Health and Wellness** ▼
 - Practice Vocabulary**
 - English E-Flash Cards
 - English/Spanish E-Flash Cards
 - Matching Activity
 - Vocabulary Game
 - Spelling Challenge
 - Assessment**
 - Lesson 1.1 Review

Videos and animations for specific units and figures

Quizzes that can be emailed to teacher (will have to graded)

Vocabulary drill and practice activities

Online Workbook

Online Workbook

- Provides Chapter links to Online Workbook
 - Web-based form fields with e-mail submission
 - PDFs with form fields for manual submission



Chapter 1 Online Workbook



1 - Understanding Your Health and Wellness ▼

[PDF](#) All Chapter 1 Activities

[Web](#) Lesson 1.1 Key Terms Review

[Web](#) Lesson 1.1 The Four Dimensions of Health

[Web](#) Lesson 1.2 Finding Reliable Health Information

[Web](#) Lesson 1.2 Evaluating Health Information

[Web](#) Lesson 1.3 Decision Making 101

[Web](#) Lesson 1.3 SMART Goal Setting 101

[Web](#) Lesson 1.4 Communicating with Your Doctor

[Web](#) Chapter 1 Reading Practice

[Web](#) Chapter 1 Practice Test

Online Workbook-PDF Form Fields

Lesson 1.1

Key Terms Review

Students will
type their
answers here

Multiple Choice: Write the letter that corresponds to the correct answer in the blank space.

1. Which of the following refers to a healthy balance of physical, emotional, intellectual, and social health?
 A. well-being
 B. optimal health
 C. wellness
 D. disorder
2. Which of the following does *not* describe a disorder?
 A. an abnormal physical condition
 B. a condition that appears to have no single cause
 C. a condition that has a single, specific, identified cause
 D. an abnormal mental condition
3. The flu and chicken pox are examples of _____.
 A. chronic diseases
 B. acute diseases
 C. disorders
 D. all of the above
4. On the health and wellness continuum, the opposite of disease and early death is _____.
 A. chronic disease
 B. optimal health
 C. disorder
 D. acute disease
5. What traits characterize people who are in a state of well-being?
 A. They feel safe.
 B. They feel fulfilled.
 C. They feel productive.
 D. all of the above
6. A disease indicator that is sensed by the sick person is called a(n) _____.
 A. sign
 B. symptom
 C. impairment
 D. disorder
7. An outward indicator of disease that can be detected and measured by others is _____.
 A. sign
 B. symptom
 C. impairment
 D. disorder

Online Workbook-Web Form Fields

Students will
select or type
their answers
here

Comprehensive Health | Student Workbook

Chapter 1: Understanding Your Health and Wellness

Lesson 1.1: Key Terms Review

Multiple Choice: Select the letter that corresponds to the correct answer in the blank space.

1. Which of the following refers to a healthy balance of physical, emotional, intellectual, and social health?

2. Which of the following does *not* describe a disorder?

3. The flu and chicken pox are examples of _____.

4. Cancer, heart disease, and diabetes are examples of _____.

5. On the health and wellness continuum, the opposite of disease and early death is _____.

6. What traits characterize people who are in a state of well-being?

7. A disease indicator that is sensed by the sick person is called a(n) _____.

8. An outward indicator of disease that can be detected and measured by other people is a(n) _____.

Tests

Tests

- Imported tests will show up under Resources
- Select the pencil to edit



Resources

Published Friday, May 12, 2017 by Pardo, Kelli

+ Add **Action** **Reorganize**

<input type="checkbox"/>	Type	Title	Published	Active
<input type="checkbox"/>		Chapter 1 Understanding Your Health and Wellness	6/21/2017 Test Teacher Account, Goodheart-Wilcox	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No   

Edit Test Information


The screenshot shows the 'Edit Test Information' form with the following fields and annotations:

- Test Title:** A red box with an arrow pointing to the 'Title' field, which contains the text 'Chapter 1 Understanding Your Health'.
- Test Introduction:** A red box with an arrow pointing to the 'Introduction' text area, which contains the text 'This is start of Category Chapter 1 Understanding Your Health and Wellness in WebCT Question Database'.
- Test Deadline:** A red box with an arrow pointing to the 'Deadline' dropdown menu, which is currently set to 'No deadline'.
- Mandatory Test:** A red box with an arrow pointing to the 'Mandatory' radio button group, which has 'Yes' selected.
- Active Test:** A red box with an arrow pointing to the 'Active' radio button group, which has 'Yes' selected.
- Select Save:** A red box with an arrow pointing to the 'Save' button at the bottom of the form.

The form also includes a 'Cancel' button and a 'Learning objectives' section with a message: 'This course has no learning objectives connected to it. You can add learning objectives from **Settings >> Learning objectives**'.

Test Information

Resources / Chapter 1 Understanding Your Health and Wellness / Test

 Chapter 1 Understanding Your Health and Wellness ...

Test Test categories Questions Reports

You started to answer this test Wednesday, June 21, 2017 10:09 AM.

Test information	Description
Published	Wednesday, June 21, 2017 by Test Teacher Account, Goodheart-Wilcox
Mandatory	Yes
Deadline	No deadline
Status	Inactive Activate
Participants not submitted	1 Send reminders
Max score	52

Continue test review

Select *Activate* to make test viewable to students

Select this button to review the test

Test Review

Resources / Chapter 1 Understanding Your Health and Wellness



Chapter 1 Understanding Your Health and Wellness

1 2 3 4 5 6 7 8 9 10 11 - 20 21 - 30 31 - 40 41 - 50 51 - 52

Question 1

Match the following terms and identifying phrases.

Drag the boxes to match the answers

diseases that occur many years, even for a lifetime

=

?

outpatient facility

a process in which you take charge of your own health and wellness by making responsible and well-informed decisions

=

?

health literacy

Edit Test Questions

- Select *Questions*
- Then select a question to edit

Chapter 1 Understanding Your Health and Wellness

Test Test categories **Questions** Reports

Total max. score: 52

Order	Type	Question	Learning objectives	Score
1	Match	Match the following terms and identifying phrases.	None	1
2	Either/or	Wellness is a balance of physical, financial, intellectual, and social health.	None	1
3	Either/or	Physical health is the dimension of health that refers to how well your body functions.	None	1
4	Either/or	Many teens experience problems with their emotional health without realizing it.	None	1



 Edit either/or question

1. Enter the question in the text area below

Font - S - [Icons] [Source] ?

An urgent care facility or walk-in clinic is an example of an inpatient facility.

2. Enter choices and mark the correct alternative(s)

Choice Select from template or write your own

• **Correct**

True

• **Correct**

Feedback

3. Select learning objectives

This course has no learning objectives connected to it.
You can add learning objectives from **Settings** > **Learning objectives**

4. Add score value for this question

Score value: 1

Save

Cancel

Discussion

Active Test

- Make test active to make it available to students

<input type="checkbox"/>	Type	Title	Published	Active
<input type="checkbox"/>		Chapter 1 Understanding Your Health and Wellness	6/21/2017 Test Teacher Account, Goodheart-Wilcox	<input checked="" type="radio"/> Yes <input type="radio"/> No   

Yes with green background
means active and visible to
students

More Questions Contact Us!

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 - Fill out ticket: <https://www.g-w.com/support/subquest.aspx>
- **Customer Service**
 - (800) 323-0440
 - Custserv@g-w.com