



brightspace[™]
by D2L

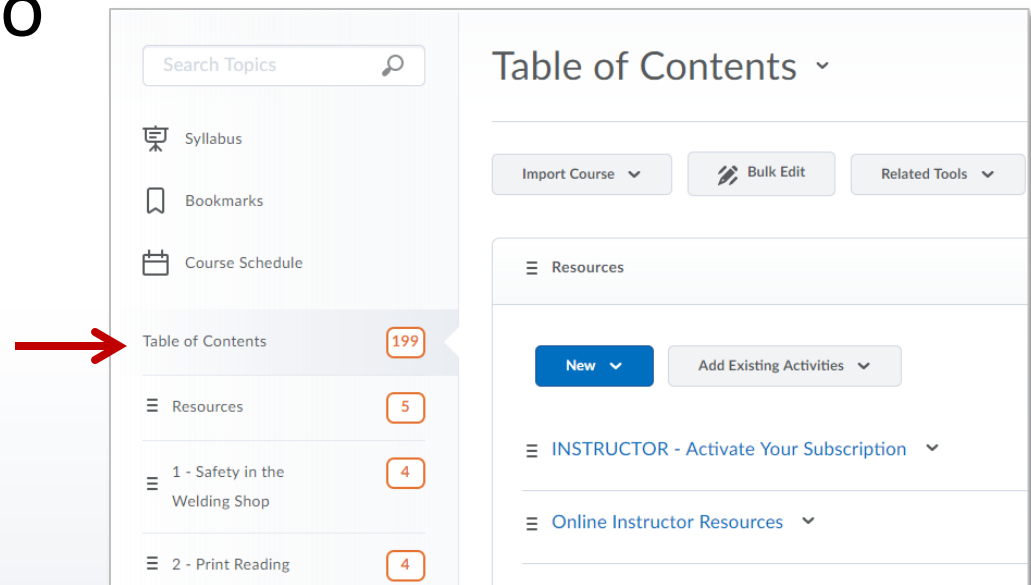
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Brightspace (D2L) Integration

- Course content, includes:
 - Online Textbook
 - Online Workbook
 - Online Instructor's Resources
 - Online Teacher's Edition
 - Companion Website links
- QTI files include:
 - Exam questions (same as in ExamView Assessment Suite)

Course Content

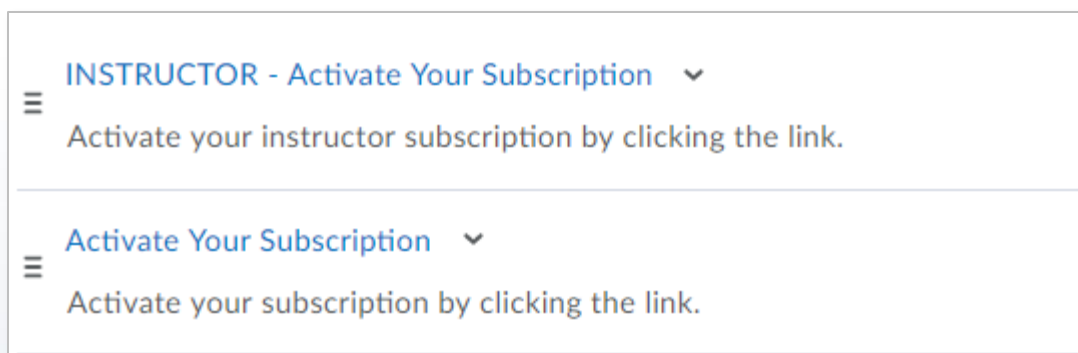
- Content imports to *Table of Contents* area
- Content is organized by chapters/lessons



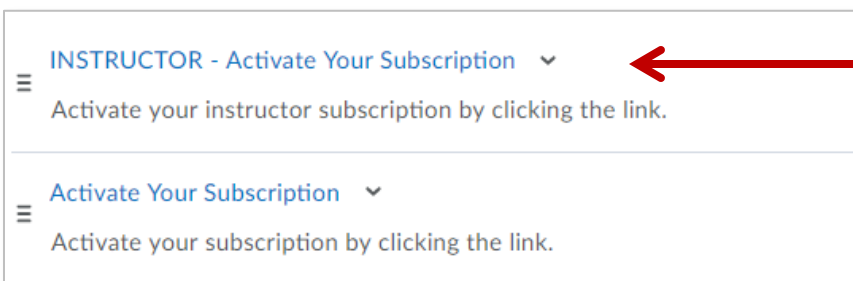
Activation

Activation

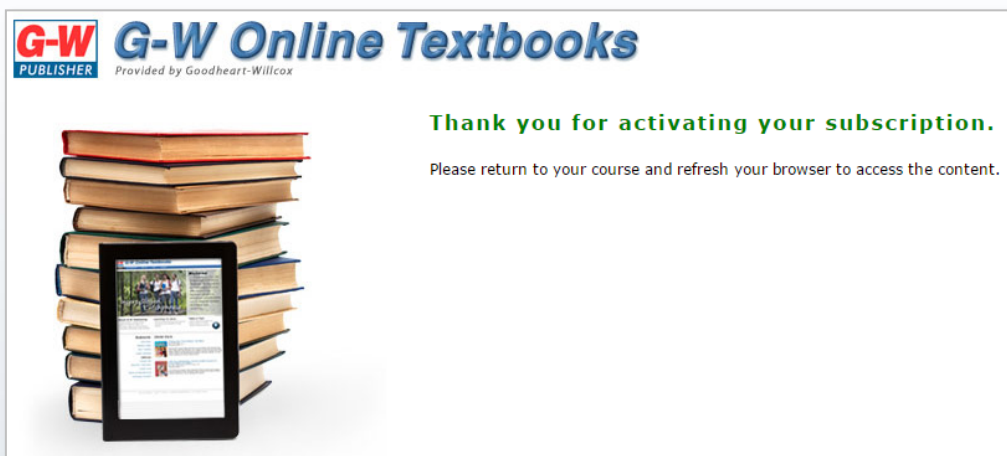
- Simple subscription activation for both instructor and student



Instructor Activation



Instructor clicks this link to activate their subscription.



Confirmation that subscription was successfully activated.


Student Activation


≡ INSTRUCTOR - Activate Your Subscription ▼
Activate your instructor subscription by clicking the link.

≡ Activate Your Subscription ▼
Activate your subscription by clicking the link.

Student clicks this link to activate their subscription.



 **G-W Online Textbooks**
Provided by Goodheart-Willcox




Thank you for activating your subscription.
Please return to your course and refresh your browser to access the content.

Confirmation that subscription was successfully activated.


Materials

Materials


- Content is organized by chapters in the Table of Contents section of D2L

 [Ch 1 Online Textbook](#) ▾


Modern Welding, 11th Edition Chapter 1 - Safety in the Welding Shop

 [Ch 1 E-Flash Cards](#) ▾


Modern Welding, 11th Edition, Lab Workbook Chapter 1 - Safety in the Welding Shop

 [Ch 1 Matching Activity](#) ▾


Modern Welding, 11th Edition, Lab Workbook Chapter 1 - Safety in the Welding Shop

 [Ch 1 Online Lab Workbook](#) ▾


Modern Welding, 11th Edition, Lab Workbook Chapter 1 - Safety in the Welding Shop

 [Ch 2 Online Textbook](#) ▾


Modern Welding, 11th Edition Chapter 2 - Print Reading

 [Ch 2 E-Flash Cards](#) ▾

Modern Welding, 11th Edition, Lab Workbook Chapter 1 - Safety in the Welding Shop

 [Ch 2 Matching Activity](#) ▾

Modern Welding, 11th Edition, Lab Workbook Chapter 1 - Safety in the Welding Shop

 [Ch 2 Online Lab Workbook](#) ▾

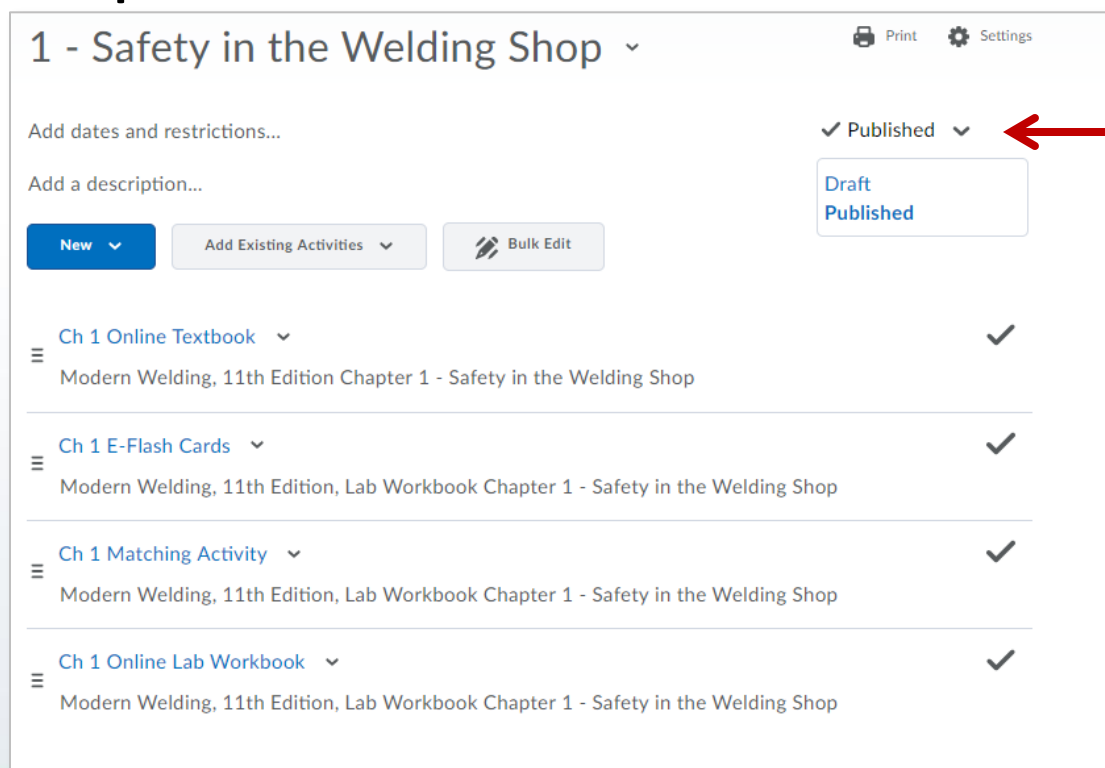
Modern Welding, 11th Edition, Lab Workbook Chapter 2 - Print Reading

Materials

- Options for customizing modules/content include:
 - Adjusting visibility of content by publishing/unpublishing
 - Moving content to a different location in the course
 - Adding/removing content

Materials

- Adjust the visibility of content by adjusting draft/published status



1 - Safety in the Welding Shop ▾

Print Settings

Add dates and restrictions...

Add a description...

New ▾ Add Existing Activities ▾ Bulk Edit

✓ Published ▾

Draft
Published

Ch 1 Online Textbook ▾	✓
Modern Welding, 11th Edition Chapter 1 - Safety in the Welding Shop	
Ch 1 E-Flash Cards ▾	✓
Modern Welding, 11th Edition, Lab Workbook Chapter 1 - Safety in the Welding Shop	
Ch 1 Matching Activity ▾	✓
Modern Welding, 11th Edition, Lab Workbook Chapter 1 - Safety in the Welding Shop	
Ch 1 Online Lab Workbook ▾	✓
Modern Welding, 11th Edition, Lab Workbook Chapter 1 - Safety in the Welding Shop	

Select the carrot
and then select
Draft or Published

Materials

- Adjust the visibility of content by adjusting draft/published status

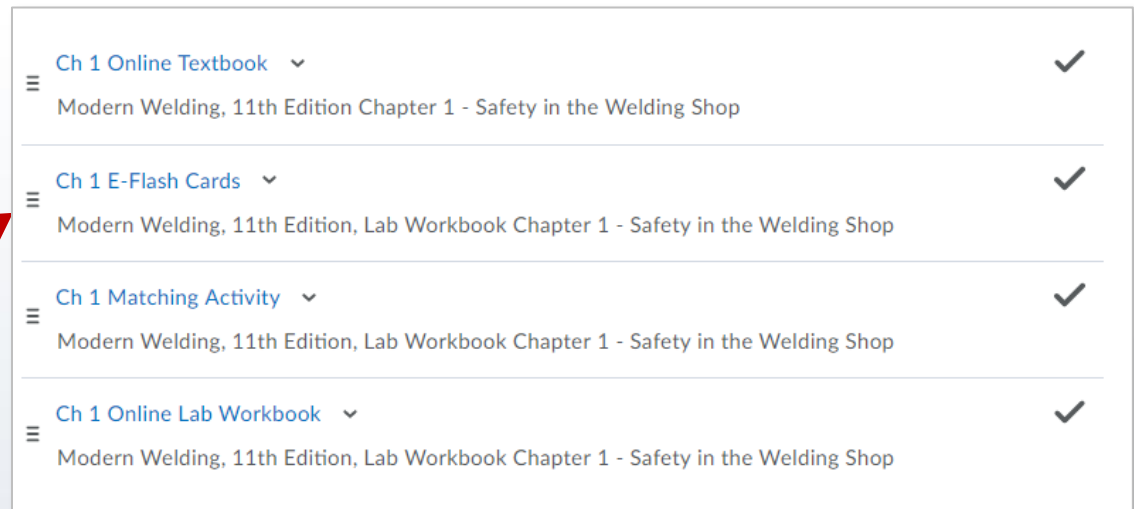
Table of Contents	199
≡ Resources	5
1 - Safety in the ≡ Welding Shop Draft	4
≡ 2 - Print Reading	4
≡ 3 - Welding Joints, Positions, and Symbols	8









Draft will be in the title if it is not visible to students

Materials

- Content can be moved to a different location in the course
 - Manually drag and drop

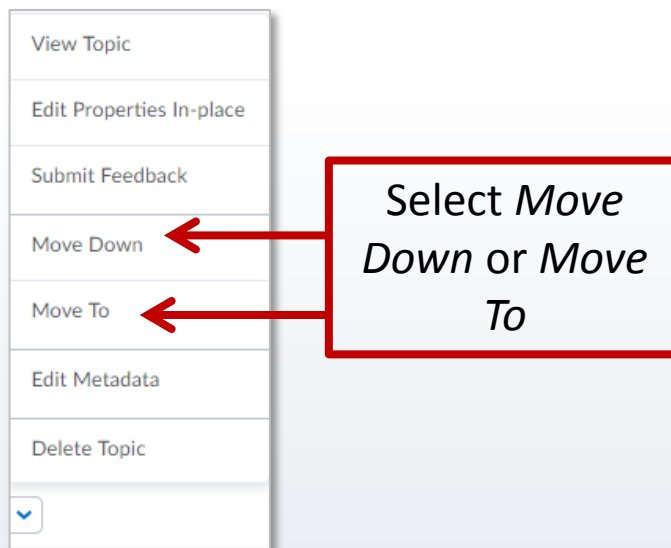
Select the drag icon (3 lines) to drag and drop the item to a different location



	Ch 1 Online Textbook ▾	
	Modern Welding, 11th Edition Chapter 1 - Safety in the Welding Shop	
	Ch 1 E-Flash Cards ▾	
	Modern Welding, 11th Edition, Lab Workbook Chapter 1 - Safety in the Welding Shop	
	Ch 1 Matching Activity ▾	
	Modern Welding, 11th Edition, Lab Workbook Chapter 1 - Safety in the Welding Shop	
	Ch 1 Online Lab Workbook ▾	
	Modern Welding, 11th Edition, Lab Workbook Chapter 1 - Safety in the Welding Shop	

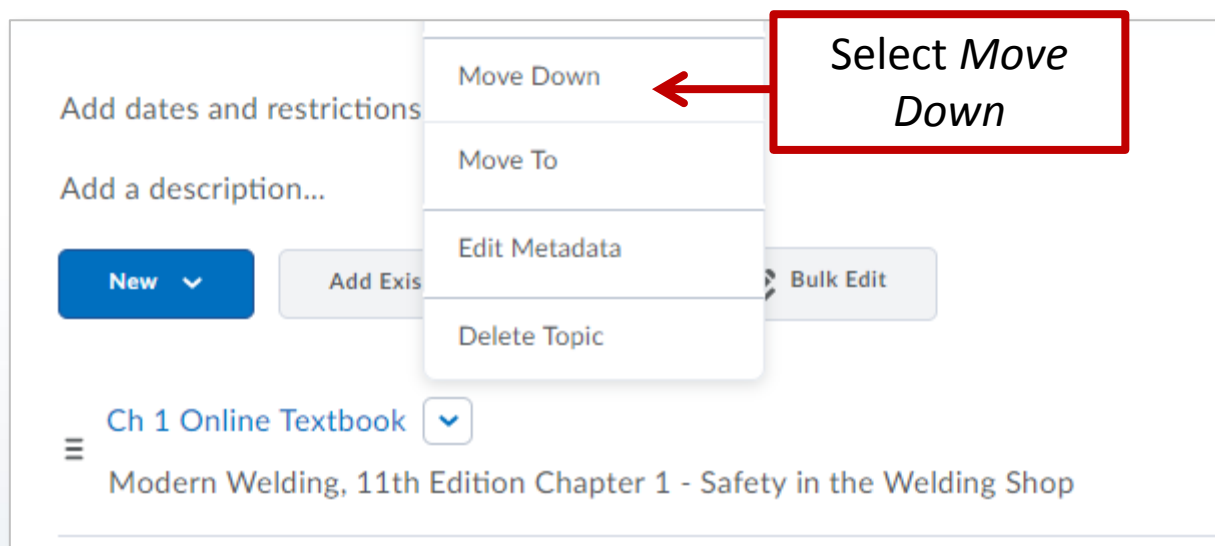
Materials

- Move content to a different location in the course
 - Move option with configuration settings



Materials

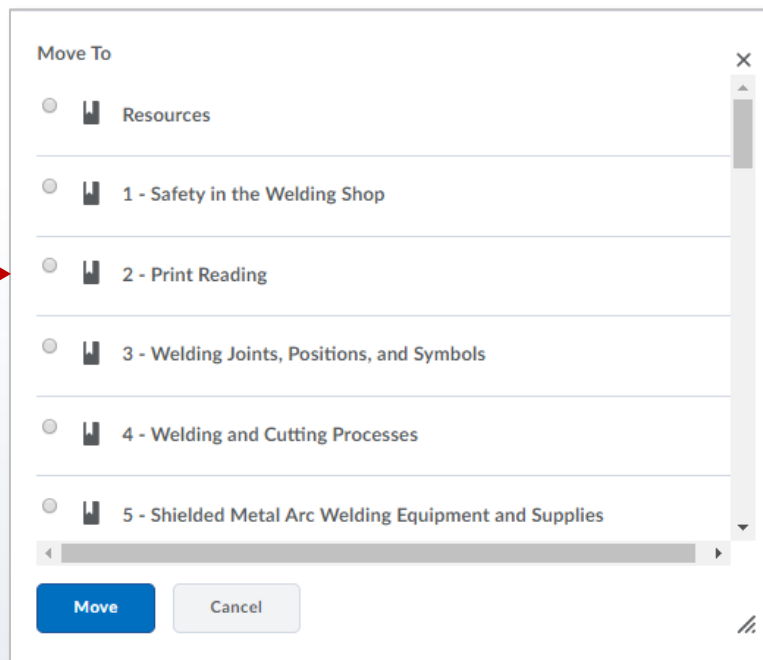
- *Move Down* moves item down one section



Materials

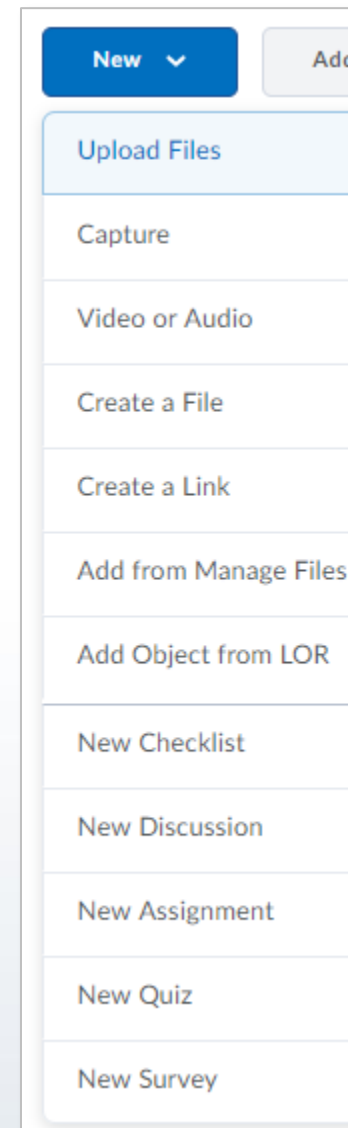
- *Move To* allows you to select where to move item

Select where
you want to
move item to



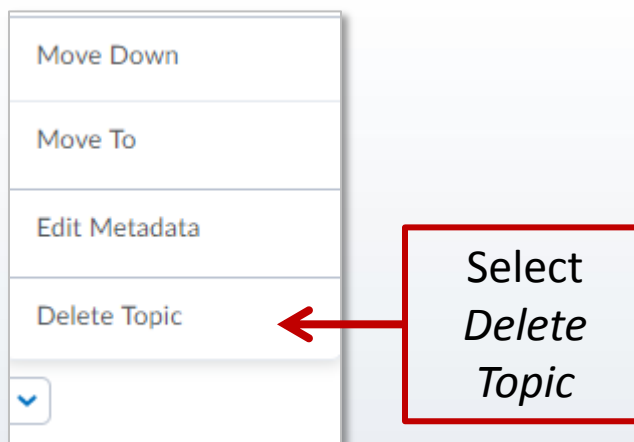
Materials

- Add content to the course
 - Types of content that can be added to or created in the course:
 - Files
 - Capture
 - Video or Audio
 - Links
 - Checklist
 - Discussion
 - Assignment
 - Quiz
 - Survey



Materials

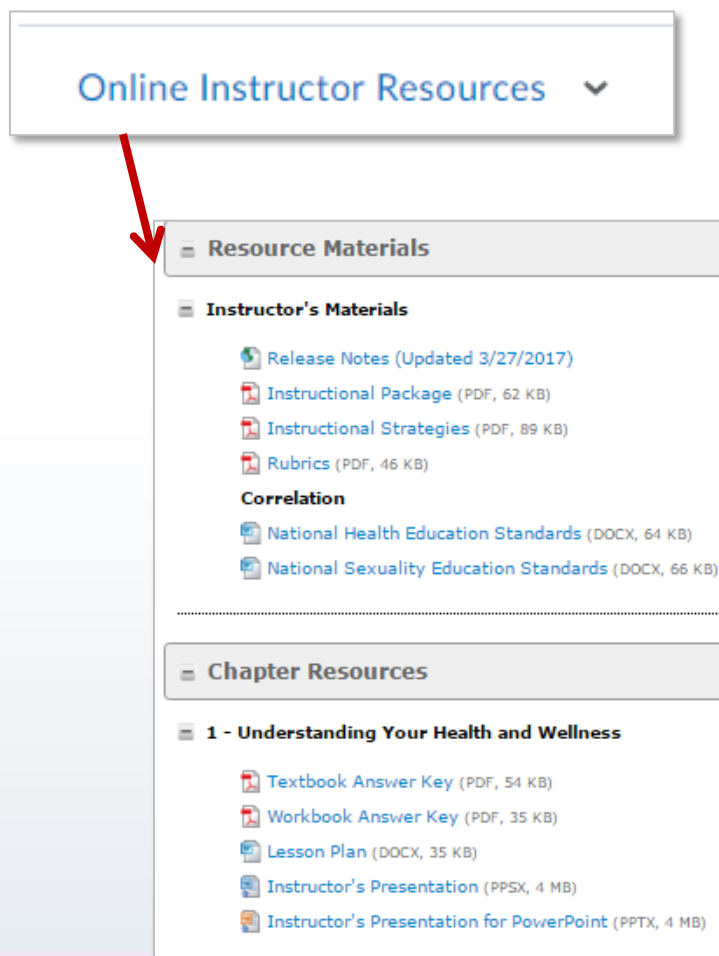
- Delete content from the course
 - Be careful deleting content! We highly recommend unpublishing (draft) instead of deleting.



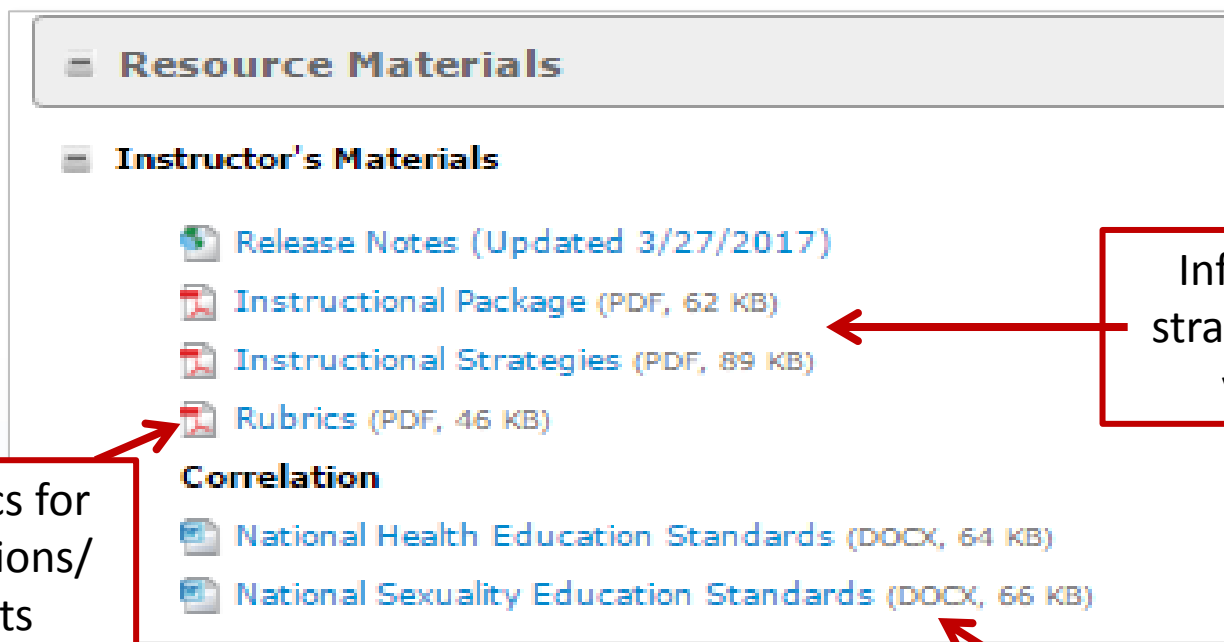
Instructor Materials

Instructor Resources

- Online Instructor's Resources
 - Lesson Plans
 - Answer Keys
 - Presentations for PowerPoint®
 - And more!



Instructor Materials

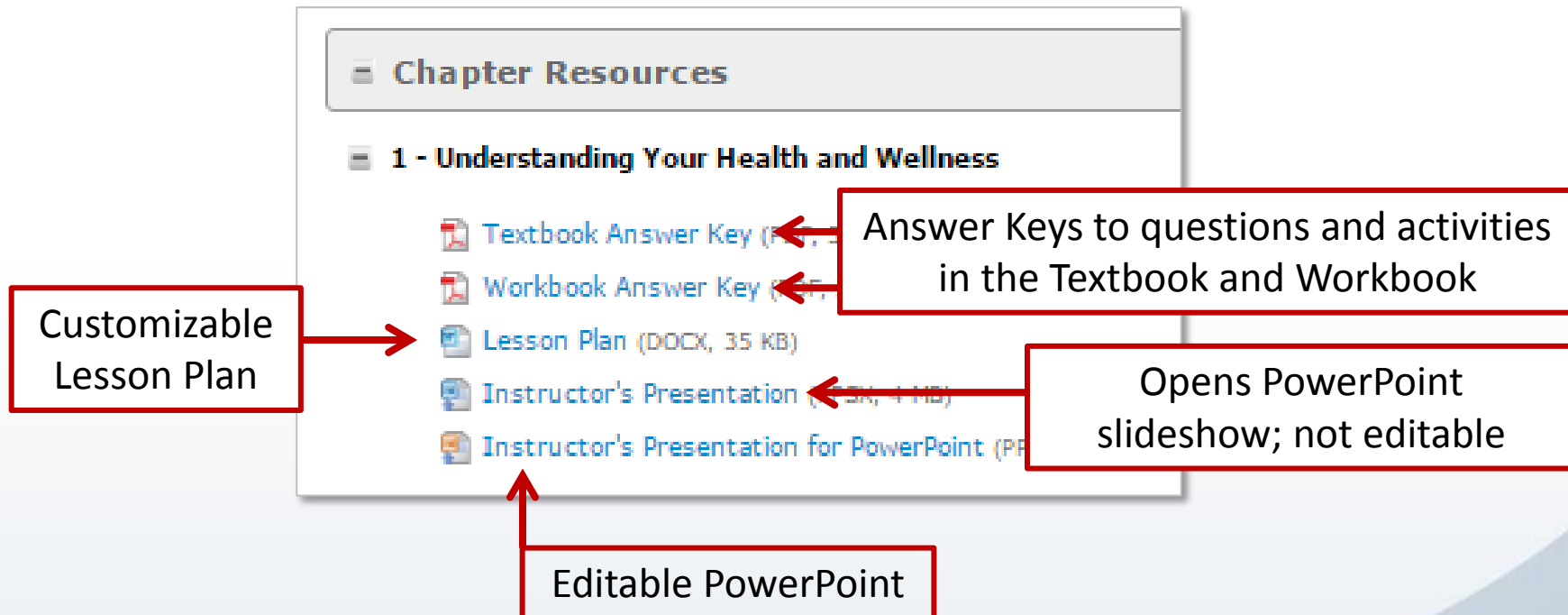


Information and strategies for using your course

Sample rubrics for various situations/ assignments

Correlations to national standards

Instructor Materials




Online Teacher's Edition

Table of Contents

Welcome to Comprehensive Health	M1
Instructor's Edition Front Matter	IE1
Front Matter	i
Unit 1 Introduction to Health and Wellness	2
1 - Understanding Your Health and Wellness	4
2 - Risk Factors: Behavior, Genes, Environment	36
Unit 2 Nutrition and Food Choices	64
3 - Nutrition	66
4 - Body Weight and Composition	104
5 - Body Image	130
Unit 3 Fitness and Personal Health	156
6 - Physical Fitness	158
7 - Sleep	196
8 - Personal Hygiene and Basic Healthcare	226
Unit 4 Understanding and Avoiding Hazardous Substances	254
9 - Tobacco	256

Online Teacher's Edition



Comprehensive Health, 2nd Edition, Instructor's Edition Page 5

+

-


☰

🖨

🔍

What's Your Health and Wellness IQ?

Take this quiz to see what you do and do not know about health and wellness. If you cannot answer a question, pay extra attention to that topic as you study this chapter.

Health and Wellness IQ 

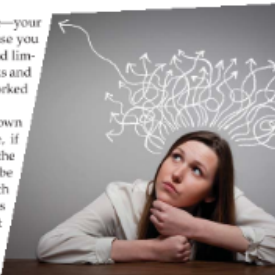
1. Diseases and disorders are the same.	True	False	It Depends
2. Good friendships and family relationships make you healthy.	True	False	It Depends
3. Mental illness can affect your social health.	True	False	It Depends
4. Goals are not an important part of your health.	True	False	It Depends
5. You don't have to be sick to be unhealthy.	True	False	It Depends
6. You can change behaviors that make you unhealthy.	True	False	It Depends
7. You don't need annual check-ups with your doctor.	True	False	It Depends
8. A person's workplace can affect his or her well-being.	True	False	It Depends
9. You cannot find reliable health information on the Internet.	True	False	It Depends
10. Intellectually healthy people do not care about school.	True	False	It Depends

Setting the Scene

When you were a young child, you didn't choose what you ate—your parents and guardians did. When you exercised, it wasn't because you thought it was good for you, but because it was fun. Still, you had limited choices in the matter—the adults in your life took you to parks and introduced you to jump ropes, scooters, and bikes. They also worked hard to keep you safe and injury free.

Now that you're an adolescent you make many of your own choices, including choices that affect your health. For example, if your school cafeteria offers pizza and a salad bar, you make the choice between the two. You also decide whether or not you will be physically active, or sit in front of a TV or computer screen much of the day. And you decide whether or not to take risks, such as riding in a car driven by an intoxicated friend, or lighting a first cigarette and taking a puff.

Many of the choices you make today will impact your health and quality of life in either a positive or negative way. Why



◀ Previous
Next ▶

Online Textbook

Online Textbook

- Provides Lesson and Chapter links to Online Textbook

Ch 1 Online Textbook ▼



Online Textbook Features

Comprehensive Health, 2nd Edition Page 4

Chapter 1
Understanding Your Health and Wellness

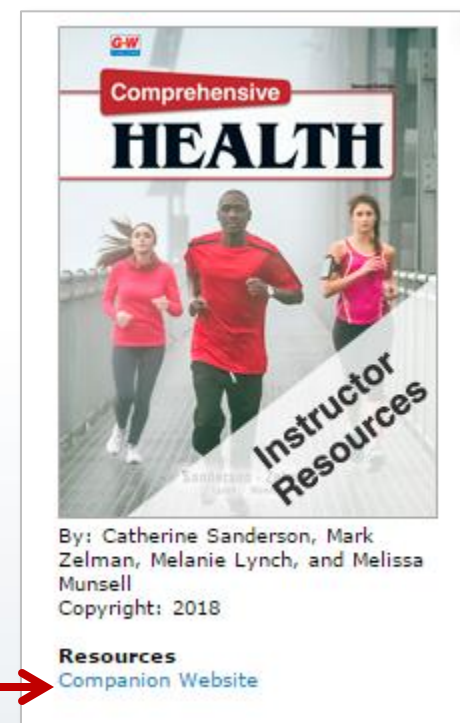
- Lesson 1.1
Defining Health and Wellness
- Lesson 1.2
Health and Wellness Knowledge
- Lesson 1.3
Personal Skills for Health and Wellness
- Lesson 1.4

Labels and Features:

- Zoom In**: Arrow pointing to the '+' button.
- Zoom Out**: Arrow pointing to the '-' button.
- Table of Contents**: Arrow pointing to the list icon.
- Resources**: Arrow pointing to the magnifying glass icon.
- Print this Page**: Arrow pointing to the printer icon.
- Previous Page**: Arrow pointing to the left arrow button.
- Next Page**: Arrow pointing to the right arrow button.
- Keyword Search**: Arrow pointing to the search bar.
- Jump to Page**: Arrow pointing to the 'page...' input field.

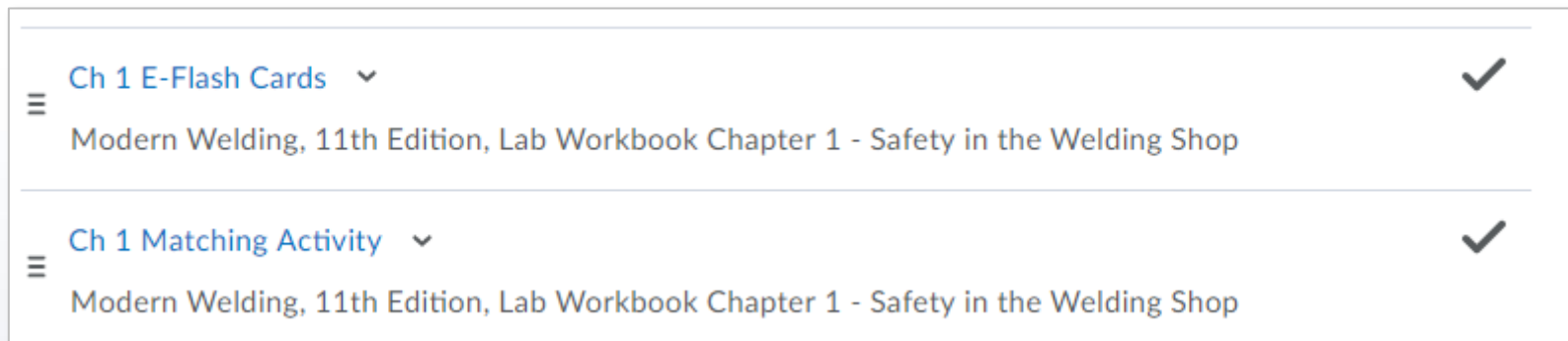
Companion Website

- Companion Website menu can be accessed from Instructor Resources and Online Textbooks Resources menu



Companion Website

- Individual Companion Website activities can be accessed directly in the course

A screenshot of a web interface showing two activity items. Each item has a hamburger menu icon on the left, a title with a dropdown arrow, and a checkmark on the right. The first item is "Ch 1 E-Flash Cards" and the second is "Ch 1 Matching Activity". Both items are associated with the text "Modern Welding, 11th Edition, Lab Workbook Chapter 1 - Safety in the Welding Shop".

☰	Ch 1 E-Flash Cards ▾	✓
	Modern Welding, 11th Edition, Lab Workbook Chapter 1 - Safety in the Welding Shop	
☰	Ch 1 Matching Activity ▾	✓
	Modern Welding, 11th Edition, Lab Workbook Chapter 1 - Safety in the Welding Shop	

Companion Website

Comprehensive Health

G-W Learning | Help

[Collapse All](#)

- Audio Glossary**
- English/Spanish Glossary**
- Videos and Animations** ▶
- Unit 1 - Introduction to Health and Wellness (Video)**
- 1 - Understanding Your Health and Wellness** ▼
 - Health and Wellness IQ**
 - 1.1 - Defining Health and Wellness** ▼
 - Practice Vocabulary**
 - English E-Flash Cards
 - English/Spanish E-Flash Cards
 - Matching Activity
 - Vocabulary Game
 - Spelling Challenge
 - Assessment**
 - Lesson 1.1 Review

Videos and animations for specific units and figures

Quizzes that can be emailed to teacher (will have to graded)

Vocabulary drill and practice activities

Online Workbook

Online Workbook

- Provides Chapter links to Online Workbook
 - Web-based form fields with e-mail submission
 - PDFs with form fields for manual submission

Ch 1 Online Lab Workbook ▼

1 - Understanding Your Health and Wellness ▼

[PDF](#) All Chapter 1 Activities

[Web](#) Lesson 1.1 Key Terms Review

[Web](#) Lesson 1.1 The Four Dimensions of Health

[Web](#) Lesson 1.2 Finding Reliable Health Information

[Web](#) Lesson 1.2 Evaluating Health Information

[Web](#) Lesson 1.3 Decision Making 101

[Web](#) Lesson 1.3 SMART Goal Setting 101

[Web](#) Lesson 1.4 Communicating with Your Doctor

[Web](#) Chapter 1 Reading Practice

[Web](#) Chapter 1 Practice Test

Online Workbook-PDF Form Fields

Lesson 1.1

Key Terms Review

Students will
type their
answers here

Multiple Choice: Write the letter that corresponds to the correct answer in the blank space.

- | | | | |
|----------------------|---|----------------------|--|
| <input type="text"/> | 1. Which of the following refers to a healthy balance of physical, emotional, intellectual, and social health?
A. well-being
B. optimal health
C. wellness
D. disorder | <input type="text"/> | 5. On the health and wellness continuum, the opposite of disease and early death is _____.
A. chronic disease
B. optimal health
C. disorder
D. acute disease |
| <input type="text"/> | 2. Which of the following does <i>not</i> describe a disorder?
A. an abnormal physical condition
B. a condition that appears to have no single cause
C. a condition that has a single, specific, identified cause
D. an abnormal mental condition | <input type="text"/> | 6. What traits characterize people who are in a state of well-being?
A. They feel safe.
B. They feel fulfilled.
C. They feel productive.
D. all of the above |
| <input type="text"/> | 3. The flu and chicken pox are examples of _____.
A. chronic diseases
B. acute diseases
C. disorders
D. all of the above | <input type="text"/> | 7. A disease indicator that is sensed by the sick person is called a(n) _____.
A. sign
B. symptom
C. impairment
D. disorder |
| | | <input type="text"/> | 8. An outward indicator of disease that can be detected and measured by others |

Online Workbook-Web Form Fields

Students will
select or type
their answers
here

Comprehensive Health | Student Workbook

Chapter 1: Understanding Your Health and Wellness

Lesson 1.1: Key Terms Review

Multiple Choice: Select the letter that corresponds to the correct answer in the blank space.

1. Which of the following refers to a healthy balance of physical, emotional, intellectual, and social health?

2. Which of the following does *not* describe a disorder?

3. The flu and chicken pox are examples of _____.

4. Cancer, heart disease, and diabetes are examples of _____.

5. On the health and wellness continuum, the opposite of disease and early death is _____.

6. What traits characterize people who are in a state of well-being?

7. A disease indicator that is sensed by the sick person is called a(n) _____.

8. An outward indicator of disease that can be detected and measured by other people is a(n) _____.

Assessments/Quizzes (QTI Files)

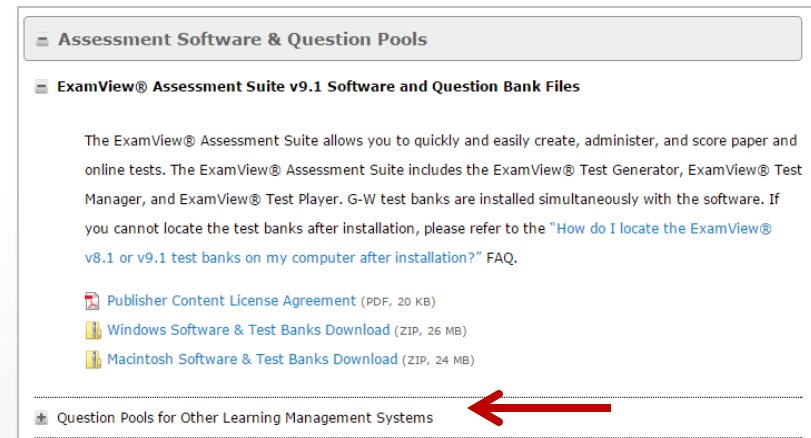
Assessments

- QTI files import both as editable quizzes and question banks
- Include all questions from the ExamView Assessment Suite

Q1. ch01_exam_001
Q2. ch01_exam_002
Q3. ch01_exam_003
Q4. ch01_exam_004
Q5. ch01_exam_005
Q6. ch01_exam_006
Q7. ch01_exam_007
Q8. ch01_exam_008

Assessments

- Within the Online Instructor Resources, select Assessment Software & Question Pools.
- Select IMS QTI 1.1+
 - Note: The Online Instructor Resources may instead have a section called Question Pools for Other Learning Management Systems



Assessments

- Download the Exam Questions.

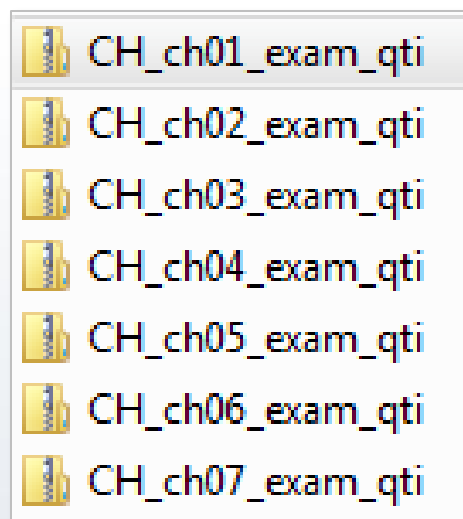
IMS QTI 1.1+

IMS QTI files are packaged according to the IMS Question and Test Interoperability® specification and can be imported into various Learning Management Systems (LMS). Once the question files are imported into an LMS, you may create assessments with the imported questions and distribute them to students with results reported directly to the LMS' gradebook.

 [Exam Questions](#) (ZIP, 2 MB)

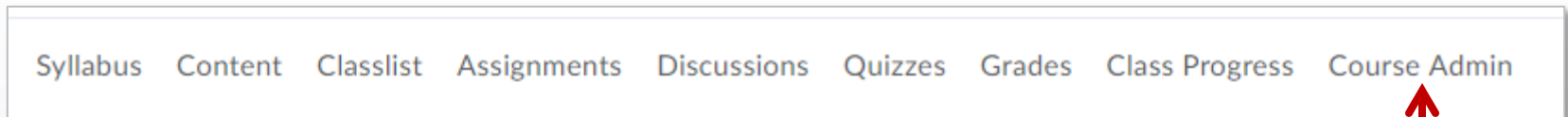
Assessments

- Once the file is downloaded, extract the files from the zip.
- After files are extracted, there will be one zip file for each chapter.



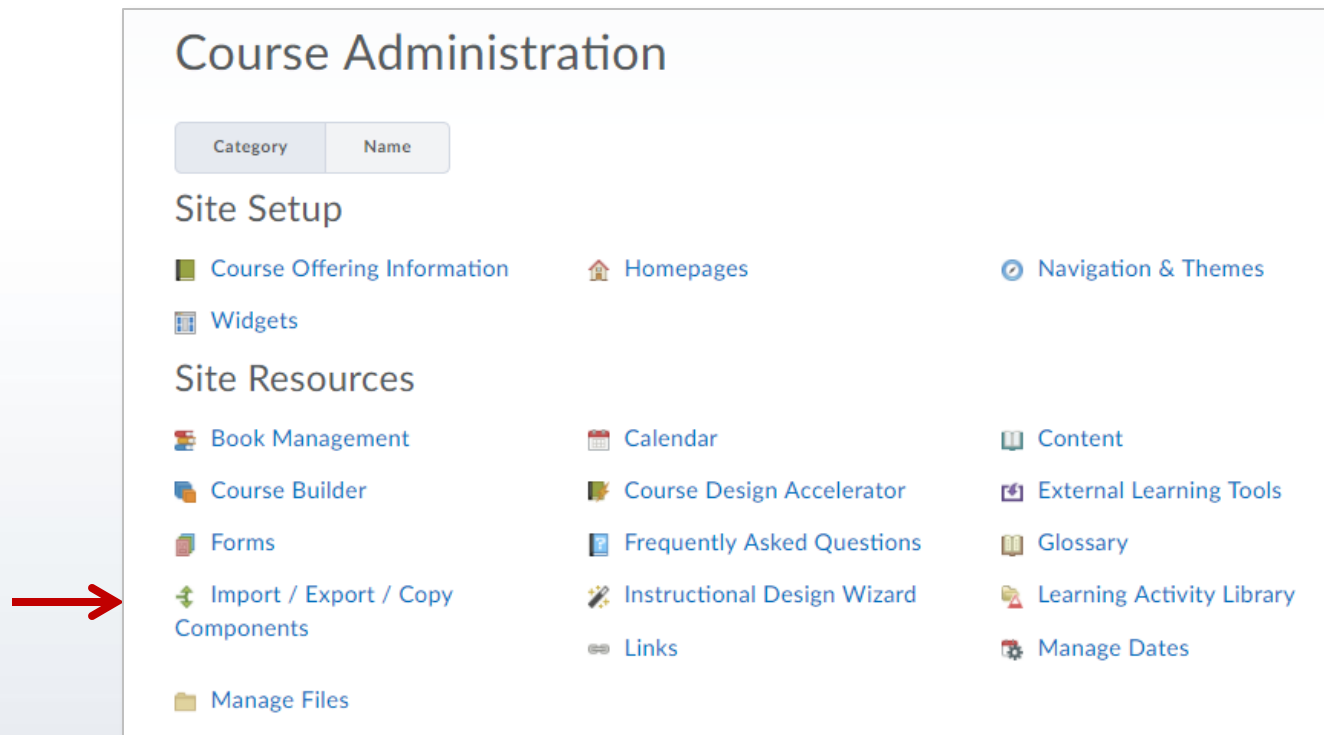
Assessments

- Within D2L, select *Course Admin* from the main navigation at the top of the page.



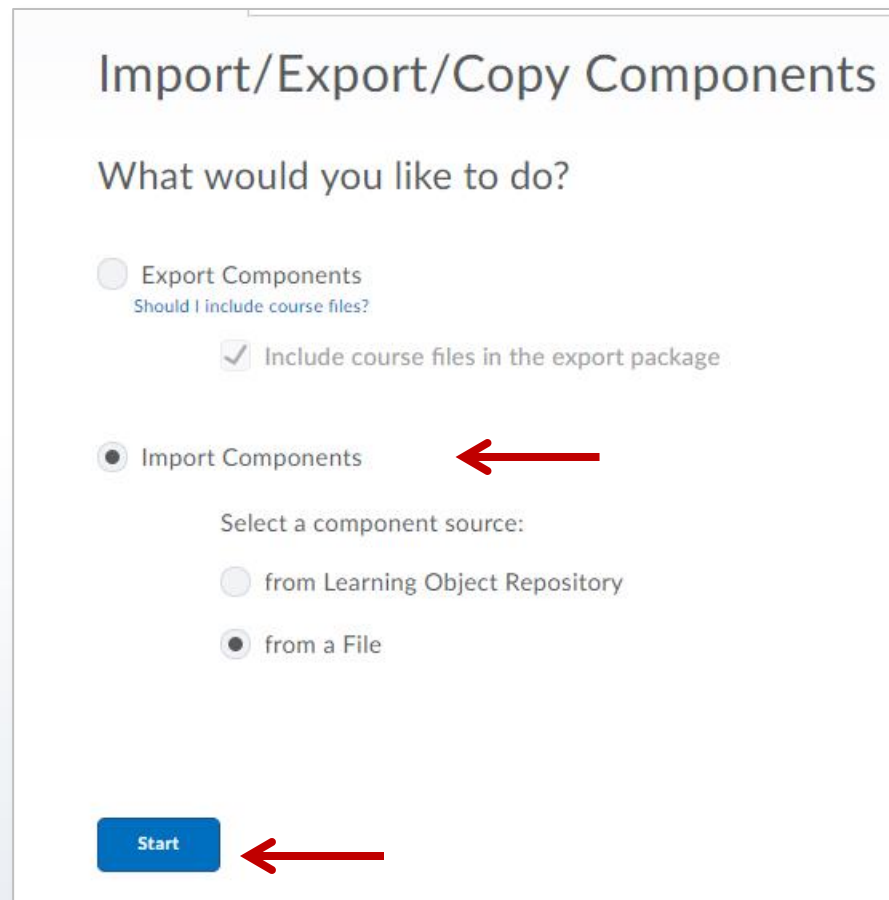
Assessments

- Select *Import/Export/Copy Components*



Assessments

- Adjust the settings to Import Components *from a File*.
- Then select *Start*.



Import/Export/Copy Components

What would you like to do?

☐ Export Components
Should I include course files?
☒ Include course files in the export package

☒ Import Components

Select a component source:

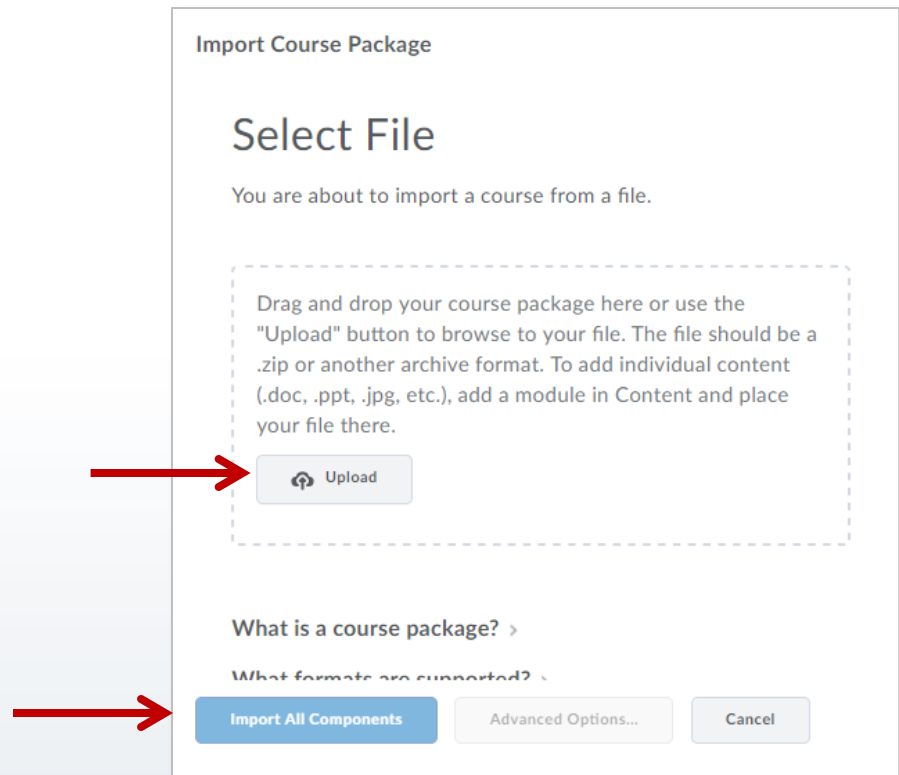
☐ from Learning Object Repository

☒ from a File

Start

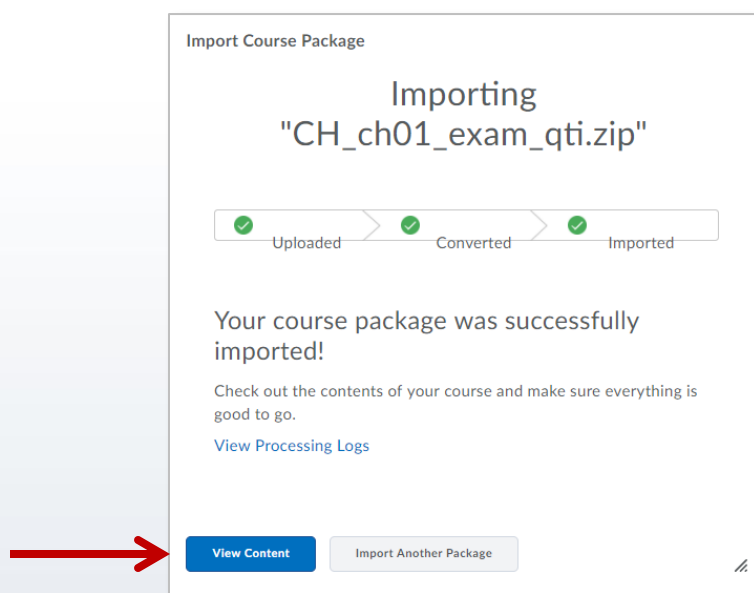
Assessments

- Select *Upload*.
- Then select *Import All Components*



Assessments

- After the file is uploaded and converted, select *View Content* to return to the course



Assessments

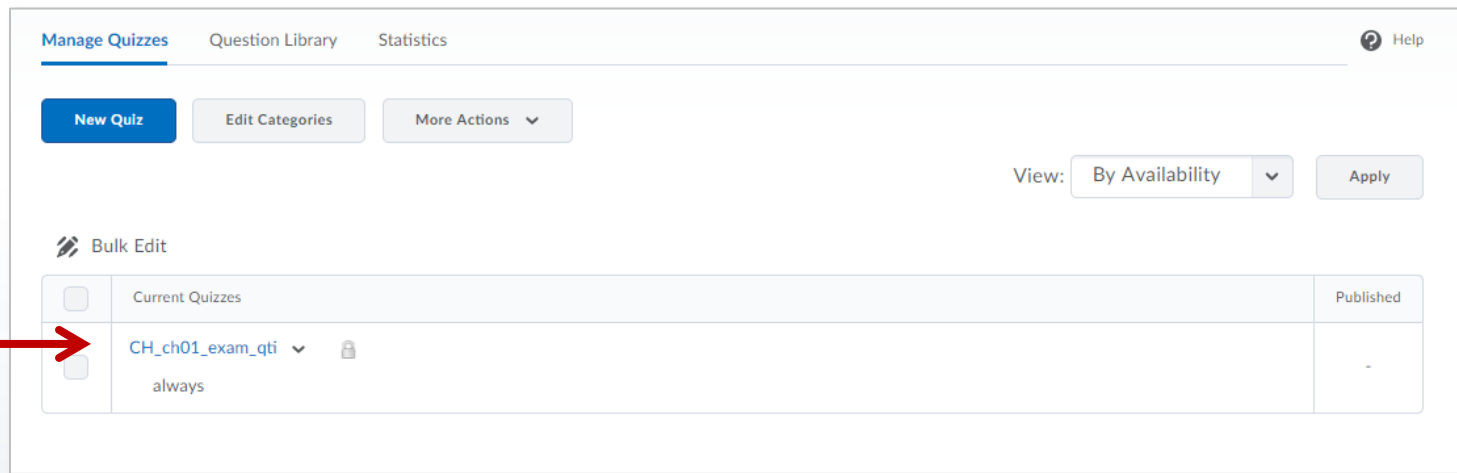
- Select *Quizzes* to view list of quizzes

Syllabus Content Classlist Assignments Discussions **Quizzes** Grades Class Progress Course Admin




Assessments

- Select a *Quiz* to view



The screenshot shows the 'Manage Quizzes' interface. At the top, there are tabs for 'Manage Quizzes', 'Question Library', and 'Statistics'. Below the tabs are buttons for 'New Quiz', 'Edit Categories', and 'More Actions'. A 'View:' dropdown is set to 'By Availability' with an 'Apply' button. A 'Bulk Edit' link is also present. The main table lists quizzes. The first row is 'Current Quizzes' with a 'Published' status. The second row is 'CH_ch01_exam_qti' with a status of 'always' and a lock icon. A red arrow points to the 'CH_ch01_exam_qti' entry.

	Current Quizzes	Published
<input type="checkbox"/>	CH_ch01_exam_qti 	-
<input type="checkbox"/>	always	

Assessments

- Select *Question* to view a preview of question

General

Name *

Category

no category

[\[add category\]](#)

Quiz Questions

Questions per page: [Apply](#)

Paging: ☐ Prevent moving backwards through pages

Add/Edit Questions

Edit Values

PageName	Type	Points	Diff	Bonus	Mandatory
1 Main					
1 Q1. ch01_exam_001	MAT	1			
1 Q2. ch01_exam_002	T/F	1			
	T/F	1			

Save and Close

Save

Cancel

Assessments

- Preview question
- Select Close



When taking the question, it would appear as:

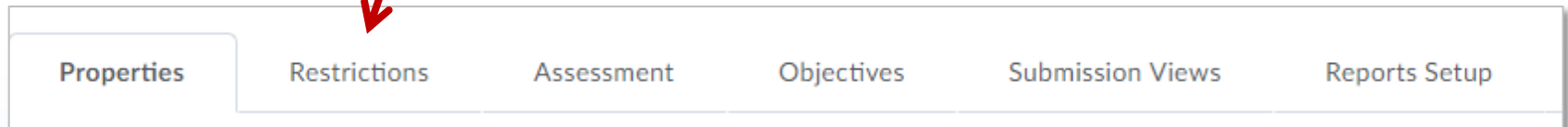
Match the following terms and identifying phrases.

<input type="text"/>	▼	a state of health and wellness in which one feels safe, fulfilled, and productive	
<input type="text"/>	▼	a process in which you take charge of your own health and wellness by making responsible and well-informed decisions	
<input type="text"/>	▼	theories and health claims that are described as science-based when they are not	
<input type="text"/>	▼	a state of excellent wellness in all areas of your life	1. acute diseases
<input type="text"/>	▼	the ability to interact positively with those around you	2. chronic diseases
<input type="text"/>	▼	a doctor who provides routine checkups,	3. decision-making skills

Close

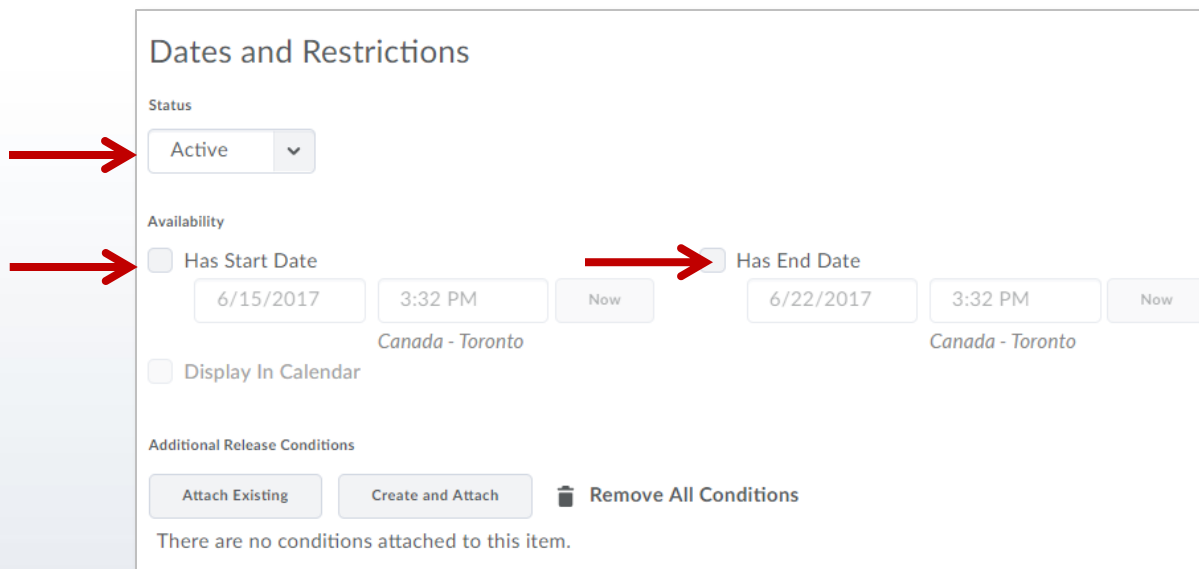
Assessments

- Select *Restrictions*



Assessments

- Change Status to *Active*
- Select a *Start Date* and an *End Date* for your quiz



Dates and Restrictions

Status
Active ▼

Availability

☒ Has Start Date
6/15/2017 3:32 PM Now
Canada - Toronto

☒ Has End Date
6/22/2017 3:32 PM Now
Canada - Toronto

☐ Display In Calendar

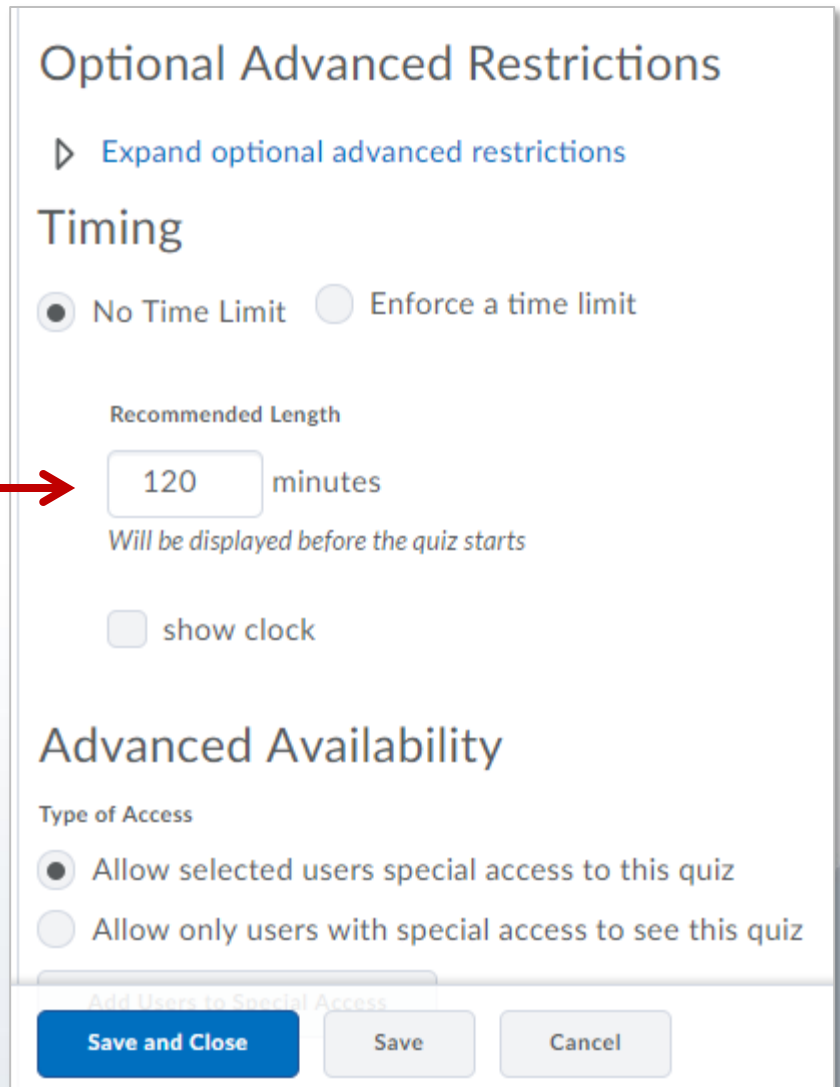
Additional Release Conditions

Attach Existing Create and Attach Remove All Conditions

There are no conditions attached to this item.

Assessments

- Adjust time if needed
- Select *Save and Close*



Optional Advanced Restrictions

► [Expand optional advanced restrictions](#)

Timing

☒ No Time Limit ☐ Enforce a time limit

Recommended Length

120 minutes

Will be displayed before the quiz starts

☐ show clock

Advanced Availability

Type of Access

☒ Allow selected users special access to this quiz

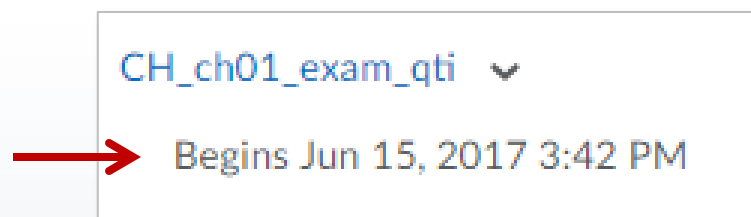
☐ Allow only users with special access to see this quiz

[Add Users to Special Access](#)

Save and Close Save Cancel

Assessments

- Depending on the *Start Date* will depend on when the test goes live



More Questions Contact Us!

- **Tech Support**
 - Fill out ticket: <https://www.g-w.com/support/subquest.aspx>
- **Customer Service**
 - (800) 323-0440
 - Custserv@g-w.com