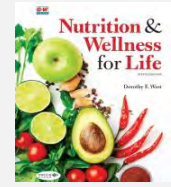


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Course: NCCTE.FN41 Food and Nutrition I (Grades 9–12).



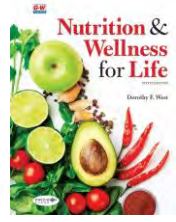
Standards		Correlating Text Pages
NCCTE.2018.FN41 - Food and Nutrition I		
NCCTE.2018.FN41.01.00 Understand the relationship between food choices and health.		
NCCTE.2018.FN41.01.01	Remember influences on food choices.	410 - 435
NCCTE.2018.FN41.01.02	Understand guidelines for healthy eating.	102 - 125 410 - 421
NCCTE.2018.FN41.02.00 Understand fundamentals of food preparation.		
NCCTE.2018.FN41.02.01	Understand kitchen safety.	410 - 421 53 - 64
NCCTE.2018.FN41.02.02	Understand safe food handling procedures.	410 - 420
NCCTE.2018.FN41.02.03	Remember equipment and procedures for its use and care.	410 - 420
NCCTE.2018.FN41.02.04	Remember measuring, cutting/preparation, mixing, and cooking/cleaning terms.	410-420
NCCTE.2018.FN41.02.05	Remember recipe parts, sources, and adjustments.	466-470, 507-511
NCCTE.2018.FN41.02.06	Understand processes and benefits of a work plan and teamwork for preparing healthy foods.	410-435
NCCTE.2018.FN41.03.00 Understand procedures, nutrition, and cooking methods in food preparation.		
NCCTE.2018.FN41.03.01	Understand procedures, nutrition, and cooking methods in fruit and vegetable preparation.	503-507
NCCTE.2018.FN41.03.02	Understand procedures, nutrition, and cooking methods in dairy preparation.	482-487
NCCTE.2018.FN41.03.03	Understand procedures, nutrition, and cooking methods in grain preparation.	477-482
NCCTE.2018.FN41.03.04	Understand procedures, nutrition, and cooking methods in protein preparation.	487-503, 506-507
NCCTE.2018.FN41.04.00 Understand procedures, equipment, and techniques applied to baking production.		
NCCTE.2018.FN41.04.01	Understand procedures to prepare quick bread products.	481
NCCTE.2018.FN41.04.02	Understand procedures to prepare yeast bread products.	481



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Standards		Correlating Text Pages
NCCTE.2018.FN41.04.03	Understand procedures to prepare cakes and frostings. (SUPPLEMENTAL)	481
NCCTE.2018.FN41.05.00 Understand the principles of etiquette for meal service.		
NCCTE.2018.FN41.05.01	Understand the principles of basic table setting and meal service.	432-434
NCCTE.2018.FN41.05.02	Understand the principles of table manners.	432-438
NCCTE.2018.FN41.06.00 Apply methods for meal planning and preparation.		
NCCTE.2018.FN41.06.01	Understand strategies in meal planning.	428
NCCTE.2018.FN41.06.02	Understand strategies of selecting and storing food.	58-60, 102-125
NCCTE.2018.FN41.06.03	Apply methods to prepare healthy meals.	466-511