Correlation to National Standards for Family and Consumer Sciences Education

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Developed by National Association of State Administrators of Family and Consumer Sciences (NASAFACS)

Food Production and Services

Comprehensive Standard Integrate knowledge, skills, and practices required for careers in food production and services.	
Content Standard 8.1 Analyze career paths within the food production and food services industries.	
Competencies	Text Concepts
8.1.1 Explain the roles, duties, and functions of individuals engaged in food production and services careers.	4: The Brigade; Working with Departments Beyond the Kitchen
	5: The Chef's Many Roles; A Chef's Knowledge and Expertise; Allied Professions
	48: Front-of-the-House Positions; Keys to Quality Service
8.1.2 Analyze opportunities for employment and entrepreneurial endeavors.	1: An Overview of the Industry; The Culinary Profession
	2: Entrepreneurship
8.1.3 Summarize education and training requirements and opportunities for career paths in food production and services.	5: Education and Training Options
8.1.4 Analyze the effects of food production and services occupations on local, state, national, and global economies.	1: An Overview of the Industry
8.1.5 Create an employment portfolio for use with applying for internships and work-based learning	1–53: Chef's E-Portfolio (end-of-chapter activities)
opportunities.	6: Your Portfolio
8.1.6 Analyze the role of professional organizations in food production and services.	5: Education and Training Options; Allied Professionals
Content Standard 8.2 Demonstrate food safety and sanitation procedures.	
Competencies	Text Concepts
8.2.1 Identify characteristics of major food borne pathogens, their role in causing illness, foods involved	7: Importance of Safe Food Handling; Biological Hazards
in outbreaks, and methods of prevention.	8: Time and Temperature Control; Cross- Contamination; Clean Versus Sanitary; Cleaning and Sanitizing the Entire Kitchen; Personal Hygiene; Insect and Rodent Control; Waste Control; Hazard Analysis Critical Control Point; The Health Inspection



Content Standard 8.2 Demonstrate food safety and sanitation procedures. (Continued)	
Competencies	Text Concepts
8.2.2 Employ food service management safety/sanitation program procedures, including CPR and first aid.	8: Time and Temperature Control; Cross- Contamination; Clean Versus Sanitary; Cleaning and Sanitizing the Entire Kitchen; Personal Hygiene; Insect and Rodent Control; Waste Control; Hazard Analysis Critical Control Point; The Health Inspection
	9: The Safe Workplace; Dress for Safety; Kitchen Injuries; Fire Safety; Emergency Readiness Plans
8.2.3 Use knowledge of systems for documenting, investigating, reporting, and preventing food borne illness.	8: Hazard Analysis Critical Control Point; The Health Inspection
8.2.4 Use the Hazard Analysis Critical Control Point (HACCP) and crisis management principles and procedures during food handling processes to minimize the risks of food borne illness.	8: Hazard Analysis Critical Control Point; Emergency Readiness Plans
8.2.5 Practice good personal hygiene/health procedures including dental health and weight management, and report symptoms of illness.	5: Personal Behaviors of a Successful Chef
	8: Personal Hygiene
8.2.6 Demonstrate proper purchasing, receiving, storage, and handling of both raw and prepared foods.	8: Time and Temperature Control; Cross- Contamination
	49: Purchasing; Receiving; Storage; Issuing
8.2.7 Demonstrate safe food handling and preparation	8: Cross-Contamination
techniques that prevent cross contamination from potentially hazardous foods, between raw and ready- to-eat foods, and between animal and fish sources and other food products.	31: Handling and Storing Meat and Poultry
8.2.8 Analyze current types of cleaning materials and sanitizers for proper uses and safety hazards.	8: Clean Versus Sanitary; Cleaning and Sanitizing the Entire Kitchen
	10: Cleaning Products
8.2.9 Use Occupational Safety and Health Administration	7: Kitchen Chemicals
(OSHA) Right to Know Law and Materials Safety Data Sheets (MSDS) and explain their requirements in safe handling and storage of hazardous materials.	9: The Safe Workplace
8.2.10 Demonstrate safe and environmentally	1: Sustainability
responsible waste disposal and recycling methods.	8: Waste Control
	10: Waste

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Competencies	Text Concepts
8.2.11 Demonstrate ability to maintain necessary records to document time and temperature control, HACCP, employee health, maintenance of equipment, and other elements of food preparation, storage, and presentation.	8: Time and Temperature Control; Sanitation & Safety—The Importance of Thermometers; Hazard Analysis Critical Control Point
	9: The Safe Workplace; Sanitation & Safety—Limit Exposure
	13: Kitchen Equipment Safety
	14: Maintaining Equipment
	49: Issuing; Production
Content Standard 8.3 Demonstrate industry standards in selecting, u	sing, and maintaining food production
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Demonstrate industry standards in selecting, u and food service equipment. Competencies 8.3.1 Operate tools and equipment following safety	
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h	11: Knife Storage and Safety
	13: Kitchen Equipment Safety
	14: Microwave Ovens; Steamers; Maintaining Equipment
8.3.3 Demonstrate procedures for cleaning and sanitizing equipment, serving dishes, glassware, and utensils to meet industry standards and OSHA requirements.	8: Clean Versus Sanitary; Cleaning and Sanitizing the Entire Kitchen
8.3.4 Analyze equipment purchases based on long-	10: Equipment Selection
term business needs, specific regulations, and codes related to foods.	14: Cooking Equipment; Industry Insights—Gas Versus Electric in the Commercial Kitchen; Sustainable Culinary—Buying Sustainably
8.3.5 Demonstrate procedures for safe and secure	11: Knife Storage and Safety
storage of equipment and tools.	13: Smallwares Storage
8.3.6 Identify a variety of types of equipment for food processing, cooking, holding, storing, and serving,	11: Knives; The Steel; The Whetstone; Hand Tool
including hand tools and small ware.	13: Pots and Pans; Measuring Equipment; Straining Equipment; Cutting and Processing Equipment
	14: Cooking Equipment; Holding Equipment; Refrigeration
	40: Bakeshop Equipment

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Content Standard 8.4

Demonstrate menu planning principles and techniques based on standardized recipes to meet customer needs.

Competencies	Text Concepts
8.4.1 Use computer based menu systems to develop and modify menus.	N/A
8.4.2 Apply menu-planning principles to develop and modify menus.	50: Offer Healthful Menu Selections; Make Accommodations for Special Needs
	51: Menu Formats; Menu Planning; Menu Mechanics; Nutrition on the Menu
8.4.3 Analyze food, equipment, and supplies needed	14: Critical Thinking
for menus.	51: Menu Planning; Teamwork
8.4.4 Develop a variety of menu layouts, themes, and design styles.	51: Menu Mechanics
8.4.5 Prepare requisitions for food, equipment, and supplies to meet production requirements.	49: Managing Food Cost
8.4.6 Record performance of menu items to analyze sales and determine menu revisions.	49: Production
8.4.7 Apply principles of Measurement, Portion Control, Conversions, Food Cost Analysis and Control, Menu	15: Units of Measure; Measuring Ingredients; Standardized Recipes; Changing Recipe Yields
Terminology, and Menu Pricing to menu planning.	31: Portioning
	49: Managing Food Cost; Costing Recipes;
	Food and Labor Cost Percentages
Content Standard 8 5	Food and Labor Cost Percentages 51: Menu Planning
Content Standard 8.5 Demonstrate professional food preparation me categories to produce a variety of food product Competencies	51: Menu Planning thods and techniques for all menu is that meet customer needs.
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Demonstrate professional food preparation me categories to produce a variety of food product Competencies 8.5.1 Demonstrate professional skills in safe handling	51: Menu Planning thods and techniques for all menu is that meet customer needs. Text Concepts 11: Sharpening Knives 12: Preparing the Workstation; Using the Chef's Knife; Basic Knife Cuts; Using the Boning Knife; Using the Paring Knife; Using the Slicer and Serrated Bread Knife 16: Peeling, Slicing, and Dicing Onions; Mincing Parsley; Chiffonade; Washing and Cutting Leeks; Peeling, Seeding, and Dicing Tomatoes;

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Content Standard 8.5 Demonstrate professional food preparation methods and techniques for all menu categories to produce a variety of food products that meet customer needs. (Continued)	
Competencies	Text Concepts
8.5.4 Apply the fundamentals of time, temperature, and cooking methods to cooking, cooling, reheating, and holding of variety of foods.	8: Time and Temperature Control
8.5.5 Prepare various meats, seafood, and poultry using safe handling and professional preparation techniques.	31: Handling and Storing Meat and Poultry; Poultry Fabrication; Meat Fabrication
	32: Sautéing; Grilling and Broiling; Roasting
	33: Poaching; Simmering; Braising; Stewing
	35: Filleting Round Fish; Filleting Flatfish; Skinning Fillets; Shellfish Preparation; Storage and Handling of Fish and Shellfish; Cooking Fish and Shellfish
8.5.6 Prepare various stocks, soups, and sauces using safe handling and professional preparation techniques.	23: Basic Stock Ingredients; Attributes of a Well-Made Stock; Stock Preparation; Vegetable Stock
	24: Thickening Sauces; Mother Sauces and Derivative Sauces; Nontraditional Sauces
	25: Clear Soups; Thick Soups; Specialty Soups
8.5.7 Prepare various fruits, vegetables, starches,	19: Oils
legumes, dairy products, fats, and oils using safe handling and professional preparation techniques.	21: Basic Skills; Fruit Presentation; Cooking Fruits
	27: Principles of Vegetable Cookery; Parcooking Vegetables; Finishing Techniques; Moist-Heat Cooking Methods; Dry-Heat Cooking Methods
	37: Fresh Dairy Products; Concentrated Milk Products; Butter; Cultured Dairy Products; Cheese; Eggs
	40: Shortenings
8.5.8 Prepare various salads, dressings, marinades,	17: Herbs and Spices; Marinades and Rubs
and spices using safe handling and professional preparation techniques.	19: Types of Salads; Common Salad Greens; Preparing Salad Greens; Salad Dressings; Sanitation and Quality in Salad Preparation
8.5.9 Prepare sandwiches, canapés and appetizers using safe handling and professional preparation	22: Types of Sandwiches; Sandwich Attributes; Sandwich Ingredients; Sandwich Assembly
techniques.	36: Hot Sandwiches; Pizza

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Competencies	Text Concepts
8.5.10 Prepare breads, baked goods and desserts using safe handling and professional preparation techniques.	41: Quick Bread and Batter Basics; Types of Quick Breads; Other Products Made from Batters
	42: What Makes a Cookie Good?; Mixing Methods; Forming Methods
	43: Dough Preparation; Shaping; Proofing; Baking
	44: Piecrust; Pie Fillings; Tarts; Puff Pastry
	45: Cake Ingredients; Mixing Methods; Pan Preparation; Baking; Finishing and Decorating
	46: Custards; Foams; Buttercreams
	47: Dessert Sauces; Frozen Desserts
8.5.11 Prepare breakfast meats, eggs, cereals, and batter products using safe handling and professional preparation techniques.	38: Preparing Eggs; Breakfast Meats; Breakfas Batters; Hot Cereals
8.5.12 Demonstrate professional plating, garnishing, and food presentation techniques.	39: Plating Principles; Platter Presentation; Buffet Presentation; Garnishes
8.5.13 Examine the applicability of convenience food	4: Labor Saving Trends
items.	19: Ready-to-Eat Greens
	23: Bases
	26: Culinary Trends—Value Added Produce
	28: Convenience Potato Products
	31: Portioning
	36: Pizza
	37: Purchase Forms; Grades and Sizes
	40: Convenience Products
8.5.14 Demonstrate cooking methods that increase nutritional value, lower calorie and fat content, and utilize herbs and spices to enhance flavor.	50: Offer Healthful Menu Selections; Make Accommodations for Special Needs
Content Standard 8.6 Demonstrate implementation of food service ma	anagement and leadership functions
Competencies	Text Concepts
8.6.1 Apply principles of purchasing, receiving, issuing, and storing in food service operations.	49: Managing Food Cost
8.6.2 Practice inventory procedures including first in/first out concept, date marking, and specific record keeping.	49: Storage; Chef Speak—FIFO



standards in the food service industry.

Content Standard 8.6

Demonstrate implementation of food service management and leadership functions. *(Continued)*

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Competencies	Text Concepts
8.6.3 Apply accounting procedures in planning and	5: Cost Accounting
forecasting profit and loss.	49: Measuring Performance
8.6.4 Examine the areas of risk management and legal liability within the food service industry.	2: Legal Forms of Business Ownership; Foodservice Laws and Regulations; Entrepreneurship
	6: Laws and Conditions of Employment
8.6.5 Apply human resource policies including rules, regulations, laws, hiring, compensation, overtime, discrimination, and harassment.	6: Interviewing; What Employees Can Expect; Laws and Conditions of Employment
8.6.6 Apply the procedures involved in staff planning, recruiting, interviewing, selecting, scheduling, performance reviewing, and terminating of employees.	6: Preparing for a Job Search; Finding Job Opportunities; Submitting Your Résumé; Job Application Form; Interviewing; What Employers Expect; What Employees Can Expect; Laws and Conditions of Employment
	49: Labor Cost
8.6.7 Conduct staff orientation, training, consistent	5: Manager; Education and Training Options
reinforcement of training standards, and education, and on the job training/retraining.	6: Training and Probation Period; Policies and Procedures
	9: The Safe Workplace
8.6.8 Implement marketing plan for food service operations.	2: Entrepreneurship; Industry Insights—Marketing
8.6.9 Design internal/external crisis management and disaster plans and response procedures.	9: Emergency Readiness Plans
8.6.10 Apply principles of inventory management, labor	5: A Chef's Knowledge and Expertise
cost and control techniques, production planning and control, and facilities management to front and back of the house operations.	49: Managing Food Cost; Labor Cost; Measuring Performance
Content Standard 8.7	
Demonstrate the concept of internal and extern	al customer service.
Competencies	Text Concepts
8.7.1 Analyze the role of quality service as a strategic component of exceptional performance.	1: An Overview of the Industry; The Real Rewards
	5: The Chef's Many Roles; Professional Traits of a Successful Chef
	48: Front-of-the-House Positions; Handling Reservations and Inquiries; Keys to Quality Service; Serving Guests
	53: Eating Versus Tasting; Tasting like a Chef
8.7.2 Demonstrate quality services that meet industry	48: Front-of-the-House Positions; Handling

Reservations and Inquiries; Keys to Quality

Service; Serving Guests

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Content Standard 8.7 Demonstrate the concept of internal and external customer service. (Continued)	
Competencies	Text Concepts
8.7.3 Analyze the relationship between employees and customer satisfaction.	48: Front-of-the-House Positions; Handling Reservations and Inquiries; Keys to Quality Service; Serving Guests
8.7.4 Apply strategies for addressing and resolving complaints.	48: Industry Insights—Customer Complaints; Industry Insights—Customer Feedback
8.7.5 Demonstrate sensitivity to diversity and	5: Respectful
individuals with special needs.	6: Equal Employment Opportunities
	52: Chef's Ethics—Global Diversity

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