Correlation of National Standards with Succeeding in Life and Career: Foundations of Human Studies

The National Standards for Family and Consumer Sciences include 16 areas of study. Each area has a comprehensive standard describing the overall content, which is further detailed in several content standards. Each of these standards lists several competency statements describing the knowledge, skills, and practices expected of learners.

By studying the *Succeeding in Life and Career: Foundations of Human Studies* text, students will explore the competencies included in the National Standards. To help you see how this can be accomplished, following is a correlation of the National Standards with *Succeeding in Life and Career: Foundations of Human Studies*. If you want to make sure you prepare students to meet these National Standards, this chart should be of interest to you.

Comprehensive Standard	Text Concepts	
Career, Community, and Family Connections		
1.0 Integrate multiple life roles and	1-1: Planning Your Future;1-2: Career Planning;1-3: Finding a Job	
responsibilities in family, work, and community settings.	2-1: Qualities of Successful Employees; 2-2: The Communication Process; 2-3: Communication in Relationships; 2-4: Conflict Resolution	
	3-1: Leadership and Teamwork; 3-2: Organizations That Work	
	4-1: Goals and Resources; 4-2: Decision Making and the Management Process; 4-3: Managing Your Time; 4-4: Managing Your Money	
	5-1: Citizenship; 5-2: Caring for the Environment;5-3: Conserving Energy	
	6-1: What is a Family? 6-2: Family Structures Vary;6-3: Family Structures Change	
	7-1: Building Functional Families; 7-2: Balancing Work and Family; 7-3: Handling Family Crises	
	8-1: Developing Positive Relationships; 8-2: Friendships and Dating; 8-3: The Marriage Relationship; 8-4: Negative Relationships	
	9-1: Parenting Choices; 9-2: Being a Responsible Caregiver	
	10-1: Growth and Development; 10-2: Infants, Toddlers, and Preschoolers; 10-3: Children Age 6 Through 12; 10-4: Teens; 10-5: Adults	
	11-1: Meeting Children's Needs; 11-2: Guidance	
	12-1: Your Health and Wellness; 12-2: Your Mental Health; 12-3: Health Risks; 12-4: Strategies for Healthful Personal Development	
	13-1: Nutrients at Work for You; 13-2: Making Daily Food Choices; 13-3: Nutrition Across the Lifespan; 13-4: Balancing Calories and Energy Needs	



Comprehensive Standard	Text Concepts
Career, Community, and Family	Connections
1.0 (Continued)	14-1: Menu Planning; 14-2: Shopping Decisions; 14-3: Buying Foods; 14-4: Storing Foods
	15-1: Know Your Equipment; 15-2: Safety and Sanitation; 15-3: Using a Recipe; 15-4: Cooking Smart
	16-1: Cooking Methods; 16-2: Food Presentation; 16-3: Dining Etiquette
	17-1: Using Financial Services; 17-2: Saving for the Future; 17-3: Using Credit; 17-4: Meeting Insurance Needs
	18-1: Making Shopping Decisions; 18-2: The Impact of Technology on Consumers; 18-3: The Role of Advertising; 18-4: Consumers and the Law
	19-1: Clothing Needs; 19-2: Clothing Design Basics; 19-3: Shopping for Clothes; 19-4: Caring for Clothes
	20-1: Understanding Fabrics and Patterns; 20-2: Sewing Equipment
	21-1: Begin with the Pattern; 21-2: Pattern Layout, Cutting, and Marking; 21-3: Basic Sewing Techniques; 21-4: Extending the Life of Clothes
	22-1: Housing Options; 22-2: Renting or Buying Housing
	23-1: Applying Design in the Home; 23-2: Home Safety and Security; 23-3: Keep It Clean!
	24-1: Types of Transportation; 24-2: Buying a Car
Consumer and Family Resources	S
2.0 Evaluate management practices related to the human, economic,	2-1: Qualities of Successful Employees; 2-2: The Communication Process; 2-3: Communication in Relationships; 2-4: Conflict Resolution
and environmental resources.	3-1: Leadership and Teamwork; 3-2: Organizations That Work
	4-1: Goals and Resources; 4-2: Decision Making and the Management Process; 4-3: Managing Your Time;4-4: Managing Your Money
	5-1: Citizenship; 5-2: Caring for the Environment;5-3: Conserving Energy
	7-1: Building Functional Families; 7-2: Balancing Work and Family; 7-3: Handling Family Crises
	8-1: Developing Positive Relationships; 8-2: Friendships and Dating; 8-3: The Marriage Relationship; 8-4: Negative Relationships
	12-1: Your Health and Wellness; 12-2: Your Mental Health; 12-3: Health Risks; 12-4: Strategies for Healthful Personal Development

Comprehensive Standard	Text Concepts
Consumer and Family Resources	3
2.0 (Continued)	13-2: Making Daily Food Choices; 13-3: Nutrition Across the Lifespan; 13-4: Balancing Calories and Energy Needs 14-1: Menu Planning; 14-2: Shopping Decisions; 14-3: Buying Foods; 14-4: Storing Foods
	15-2: Safety and Sanitation; 15-3: Using a Recipe; 15-4: Cooking Smart
	16-1: Cooking Methods; 16-2: Food Presentation
	17-1: Using Financial Services; 17-2: Saving for the Future; 17-3: Using Credit; 17-4: Meeting Insurance Needs
	18-1: Making Shopping Decisions; 18-2: The Impact of Technology on Consumers
	22-1: Housing Options;22-2: Renting or Buying Housing23-2: Home Safety and Security;23-3: Keep It Clean!
	24-1: Types of Transportation; 24-2: Buying a Car
Consumer Services	
3.0 Integrate knowledge, skills, and practices needed for a	1-1: Planning Your Future; 1-2: Career Planning; 1-3: Finding a Job
career in consumer services.	2-1: Qualities of Successful Employees; 2-2: The Communication Process; 2-3: Communication in Relationships; 2-4: Conflict Resolution
	3-1: Leadership and Teamwork
	 4-1: Goals and Resources; 4-2: Decision Making and the Management Process; 4-3: Managing Your Time; 4-4: Managing Your Money
	17-1: Using Financial Services; 17-2: Saving for the Future; 17-3: Using Credit; 17-4: Meeting Insurance Needs
	18-1: Making Shopping Decisions; 18-2: The Impact of Technology on Consumers; 18-3: The Role of Advertising; 18-4: Consumers and the Law
	19-1: Clothing Needs; 19-2: Clothing Design Basics; 19-3: Shopping for Clothes; 19-4: Caring for Clothes
Education and Early Childhood	
4.0 Integrate knowledge, skills, and	1-1: Planning Your Future; 1-2: Career Planning; 1-3: Finding a Job
practices required for careers in early childhood, education, and services.	2-1: Qualities of Successful Employees; 2-2: The Communication Process; 2-3: Communication in Relationships; 2-4: Conflict Resolution
	3-1: Leadership and Teamwork
	4-2: Decision Making and the Management Process;4-3: Managing Your Time



Comprehensive Standard	Text Concepts	
Education and Early Childhood		
4.0 (Continued)	10-1: Growth and Development; 10-2: Infants, Toddlers, and Preschoolers; 10-3: Children Age 6 Through 12	
	11-1: Meeting Children's Needs; 11-2: Guidance	
	12-1: Your Health and Wellness; 12-2: Your Mental Health; 12-3: Health Risks; 12-4: Strategies for Healthful Personal Development	
Facilities Management and Mair	ntenance	
5.0 Integrate knowledge, skills, and practices required for careers in facilities management and maintenance.	1-1: Planning Your Future; 1-2: Career Planning; 1-3: Finding a Job	
	2-1: Qualities of Successful Employees; 2-2: The Communication Process; 2-3: Communication in Relationships; 2-4: Conflict Resolution	
	3-1: Leadership and Teamwork; 3-2: Organizations That Work	
	4-1: Goals and Resources; 4-2: Decision Making and the Management Process; 4-3: Managing Your Time;4-4: Managing Your Money	
	5-2: Caring for the Environment; 5-3: Conserving Energy	
	15-2: Safety and Sanitation	
	17-1: Using Financial Services; 17-3: Using Credit; 17-4: Meeting Insurance Needs	
	18-2: The Impact of Technology on Consumers	
	22-1: Housing Options; 22-2: Renting or Buying Housing	
	23-2: Home Safety and Security; 23-3: Keep It Clean!	
Family		
6.0 Evaluate the significance of family and its effects on the well-being of individuals and society.	6-1: What is a Family? 6-2: Family Structures Vary;6-3: Family Structures Change	
	7-1: Building Functional Families; 7-2: Balancing Work and Family; 7-3: Handling Family Crises	
	8-1: Developing Positive Relationships; 8-2: Friendships and Dating; 8-3: The Marriage Relationship; 8-4: Negative Relationships	
	9-1: Parenting Choices; 9-2: Being a Responsible Caregiver	
	10-1: Growth and Development; 10-2: Infants, Toddlers, and Preschoolers; 10-3: Children Age 6 Through 12; 10-4: Teens; 10-5: Adults	
	11-1: Meeting Children's Needs; 11-2: Guidance	
	12-1: Your Health and Wellness; 12-2: Your Mental Health; 12-3: Health Risks; 12-4: Strategies for Healthful Personal Development	

Comprehensive Standard Text Concepts Family and Community Services 1-1: Planning Your Future; 1-2: Career Planning; 7.0 Synthesize knowledge, 1-3: Finding a Job skills, and practices required 2-1: Qualities of Successful Employees; 2-2: The for careers in family and Communication Process; 2-3: Communication in community services. Relationships; 2-4: Conflict Resolution 6-1: What is a Family? 6-2: Family Structures Vary; 6-3: Family Structures Change **7-1:** Building Functional Families; **7-2:** Balancing Work and Family; 7-3: Handling Family Crises **8-1:** Developing Positive Relationships; **8-2:** Friendships and Dating; 8-3: The Marriage Relationship; 8-4: Negative Relationships 9-1: Parenting Choices; 9-2: Being a Responsible Caregiver 10-1: Growth and Development; 10-2: Infants, Toddlers, and Preschoolers; 10-3: Children Age 6 Through 12; 10-4: Teens; 10-5: Adults 11-1: Meeting Children's Needs; 11-2: Guidance **12-1:** Your Health and Wellness; **12-2:** Your Mental Health: 12-3: Health Risks; 12-4: Strategies for Healthful Personal Development **Food Production and Services** 1-1: Planning Your Future; 1-2: Career Planning; 8.0 Integrate knowledge, skills, **1-3:** Finding a Job and practices required for 2-1: Qualities of Successful Employees; 2-2: The careers in food production Communication Process; 2-3: Communication in and services. Relationships; 2-4: Conflict Resolution **3-1:** Leadership and Teamwork 13-1: Nutrients at Work for You; 13-2: Making Daily Food Choices; 13-3: Nutrition Across the Lifespan; 13-4: Balancing Calories and Energy Needs 14-1: Menu Planning; 14-2: Shopping Decisions; 14-3: Buying Foods; 14-4: Storing Foods 15-1: Know Your Equipment; 15-2: Safety and Sanitation; 15-3: Using a Recipe; 15-4: Cooking Smart **16-1:** Cooking Methods; **16-2:** Food Presentation;

16-3: Dining Etiquette

Comprehensive Standard

Text Concepts

Food Science, Dietetics, and Nutrition

9.0

Integrate knowledge, skills, and practices required for careers in food science, food technology, dietetics, and nutrition.

ition

- 1-3: Finding a Job
- **2-1:** Qualities of Successful Employees; **2-2:** The Communication Process; **2-3:** Communication in Relationships; **2-4:** Conflict Resolution

1-1: Planning Your Future; 1-2: Career Planning;

- 3-1: Leadership and Teamwork
- **13-1:** Nutrients at Work for You; **13-2:** Making Daily Food Choices; **13-3:** Nutrition Across the Lifespan; **13-4:** Balancing Calories and Energy Needs
- 14-1: Menu Planning; 14-2: Shopping Decisions;
- 14-3: Buying Foods; 14-4: Storing Foods
- 15-1: Know Your Equipment; 15-2: Safety and Sanitation;
- 15-3: Using a Recipe; 15-4: Cooking Smart
- **16-1:** Cooking Methods; **16-2:** Food Presentation;
- **16-3:** Dining Etiquette

Hospitality, Tourism, and Recreation

10.0

Synthesize knowledge, skills, and practices required for careers in hospitality, tourism, and recreation.

- 1-1: Planning Your Future; 1-2: Career Planning;
- 1-3: Finding a Job
- **2-1:** Qualities of Successful Employees; **2-2:** The Communication Process; **2-3:** Communication in Relationships; **2-4:** Conflict Resolution
- **3-1:** Leadership and Teamwork
- **4-1:** Goals and Resources; **4-2:** Decision Making and the Management Process; **4-3:** Managing Your Time
- **5-2:** Caring for the Environment; **5-3:** Conserving Energy
- **13-1:** Nutrients at Work for You; **13-2:** Making Daily Food Choices; **13-3:** Nutrition Across the Lifespan
- 14-1: Menu Planning; 14-2: Shopping Decisions;
- 14-3: Buying Foods; 14-4: Storing Foods
- 15-1: Know Your Equipment; 15-2: Safety and Sanitation;
- 15-3: Using a Recipe; 15-4: Cooking Smart
- **16-1:** Cooking Methods; **16-2:** Food Presentation;
- 16-3: Dining Etiquette
- **18-2:** The Impact of Technology on Consumers; **18-3:** The Role of Advertising; **18-4:** Consumers and the Law
- **23-1:** Applying Design in the Home; **23-2:** Home Safety and Security; **23-3:** Keep It Clean!
- **24-1:** Types of Transportation

Comprehensive Standard	Text Concepts
Housing and Interior Design	
11.0 Integrate knowledge, skills, and	1-1: Planning Your Future; 1-2: Career Planning; 1-3: Finding a Job
practices required for careers in housing and interior design.	2-1: Qualities of Successful Employees; 2-2: The Communication Process; 2-3: Communication in Relationships; 2-4: Conflict Resolution
	3-1: Leadership and Teamwork
	4-2: Decision Making and the Management Process;4-3: Managing Your Time;4-4: Managing Your Money
	5-2: Caring for the Environment; 5-3: Conserving Energy
	22-1: Housing Options; 22-2: Renting or Buying Housing
	23-1: Applying Design in the Home; 23-2: Home Safety and Security; 23-3: Keep It Clean!
Human Development	
12.0 Analyze factors that	2-2: The Communication Process; 2-3: Communication in Relationships; 2-4: Conflict Resolution
influence human growth and development.	4-1: Goals and Resources
development.	6-1: What is a Family? 6-2: Family Structures Vary;6-3: Family Structures Change
	7-1: Building Functional Families; 7-2: Balancing Work and Family; 7-3: Handling Family Crises
	8-1: Developing Positive Relationships; 8-2: Friendships and Dating; 8-3: The Marriage Relationship; 8-4: Negative Relationships
	9-1: Parenting Choices; 9-2: Being a Responsible Caregiver
	10-1: Growth and Development; 10-2: Infants, Toddlers, and Preschoolers; 10-3: Children Age 6 Through 12; 10-4: Teens; 10-5: Adults
	11-1: Meeting Children's Needs; 11-2: Guidance
	12-1: Your Health and Wellness; 12-2: Your Mental Health; 12-3: Health Risks; 12-4: Strategies for Healthful Personal Development

(Continued)

Comprehensive Standard Text Concepts Interpersonal Relationships 2-1: Qualities of Successful Employees; 2-2: The Communication Process; 2-3: Communication in Demonstrate respectful and caring relationships in the family, Relationships; 2-4: Conflict Resolution workplace, and community. **3-1:** Leadership and Teamwork; **3-2:** Organizations That Work 4-1: Goals and Resources; 4-2: Decision Making and the Management Process; 4-3: Managing Your Time 5-1: Citizenship; 5-2: Caring for the Environment; 5-3: Conserving Energy 6-1: What is a Family? 6-2: Family Structures Vary; 6-3: Family Structures Change 7-1: Building Functional Families; 7-2: Balancing Work and Family; 7-3: Handling Family Crises **8-1:** Developing Positive Relationships; **8-2:** Friendships and Dating; 8-3: The Marriage Relationship; 8-4: Negative Relationships 9-1: Parenting Choices; 9-2: Being a Responsible Caregiver 10-1: Growth and Development: 10-2: Infants. Toddlers. and Preschoolers; 10-3: Children Age 6 Through 12; 10-4: Teens; 10-5: Adults 11-1: Meeting Children's Needs; 11-2: Guidance **12-1:** Your Health and Wellness; **12-2:** Your Mental Health: **12-3:** Health Risks; **12-4:** Strategies for Healthful Personal Development **Nutrition and Wellness 12-1:** Your Health and Wellness; **12-2:** Your Mental Health; 14.0 Demonstrate nutrition and 12-3: Health Risks; 12-4: Strategies for Healthful Personal wellness practices that Development enhance individual and family **13-1:** Nutrients at Work for You; **13-2:** Making Daily Food well-being. Choices; 13-3: Nutrition Across the Lifespan; 13-4: Balancing Calories and Energy Needs 14-1: Menu Planning; 14-2: Shopping Decisions; **14-3:** Buying Foods; **14-4:** Storing Foods 15-1: Know Your Equipment; 15-2: Safety and Sanitation; 15-3: Using a Recipe; 15-4: Cooking Smart **16-1:** Cooking Methods; **16-2:** Food Presentation; **16-3:** Dining Etiquette

	Comprehensive Standard	Text Concepts
	Parenting	
	15.0	2-3: Communication in Relationships; 2-4: Conflict Resolution
	Evaluate the effects of parenting roles and responsibilities on strengthening the well-being of individuals and families.	6-1: What is a Family? 6-2: Family Structures Vary;6-3: Family Structures Change
		7-1: Building Functional Families; 7-2: Balancing Work and Family; 7-3: Handling Family Crises
		8-1: Developing Positive Relationships; 8-2: Friendships and Dating; 8-3: The Marriage Relationship; 8-4: Negative Relationships
		9-1: Parenting Choices; 9-2: Being a Responsible Caregiver
		10-1: Growth and Development; 10-2: Infants, Toddlers, and Preschoolers; 10-3: Children Age 6 Through 12; 10-4: Teens; 10-5: Adults
		11-1: Meeting Children's Needs; 11-2: Guidance
		12-1: Your Health and Wellness; 12-2: Your Mental Health; 12-3: Health Risks; 12-4: Strategies for Healthful Personal Development
	Textiles, Fashion, and Apparel	
	16.0 Integrate knowledge, skills, and	1-1: Planning Your Future; 1-2: Career Planning;1-3: Finding a Job
	practices required for careers in textiles and apparels.	2-1: Qualities of Successful Employees; 2-2: The Communication Process; 2-3: Communication in Relationships; 2-4: Conflict Resolution
		3-1: Leadership and Teamwork
		4-1: Goals and Resources; 4-2: Decision Making and the Management Process
		18-1: Making Shopping Decisions; 18-2: The Impact of Technology on Consumers; 18-3: The Role of Advertising; 18-4: Consumers and the Law
		19-1: Clothing Needs; 19-2: Clothing Design Basics;19-3: Shopping for Clothes; 19-4: Caring for Clothes
		20-1: Understanding Fabrics and Patterns; 20-2: Sewing Equipment
		21-1: Begin with the Pattern; 21-2: Pattern Layout,Cutting, and Marking; 21-3: Basic Sewing Techniques;21-4: Extending the Life of Clothes